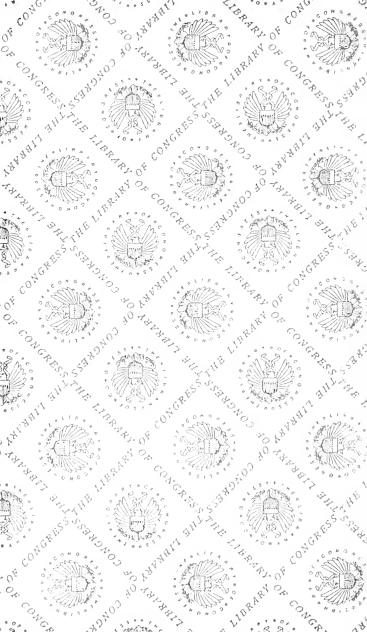
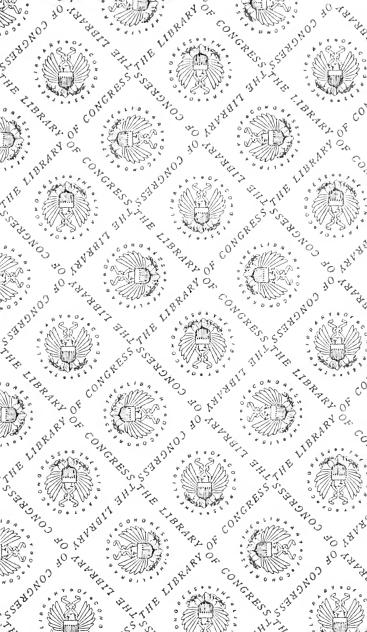
TX 714 .H53

1885





High Street

Cook

Book.

REPUBLISHED, BY PERMISSION,

BY

C. I. HOOD & CO., APOTHECARIES,

What the People Think of Hood's Sarsaparilla.

When the first edition of Hood's Cook Book was published, in 1877, referring to public sentiment, we advisedly used the following language: "We are aware that there is a justifiable distrust of remedies put up in patent médicine style, owing to the worthlessness of a large majority of such medicines." And we further stated, by way of explanation, that "Frequent calls over our counter for a reliable blood purifier, alterative and tonic, was the motive power which set us to work to compound an article which we could use in our own family, among our friends, and conscientiously advise our customers to use whom we meet face to face."

WE ARE GLAD TO STATE

That the prejudice to which we referred has gradually given way, and the current of public opinion has been changed from one of doubt to implicit confidence in Hood's Sarsaparilla by our honest methods in advertising, our care to publish only truthful statements, and by our constant care to purchase only the choicest of roots, barks and other articles entering into this medicine. Hood's Sarsaparilla received its first commendations from our neighbors and citizens of Lowell. Their good words were such as to make calls for it in the neighboring cities and towns; and thus, from a small beginning, the circuit of demand for

HOOD'S SARSAPARILLA

Has continually increased until now its name, fame and curative power are very widely known and recognized. It has made its way against the most powerful opposition, and stands apart from and ahead of all competitors, not only as the best blood purifying and tonic medicine in existence, but as the cheapest and most economical, being the only one which gives one hundred doses for one dollar. Hence Hood's Sarsaparilla may appropriately be termed "The People's Medicine."

The claims made regarding the curative powers of Hood's Sarsaparilla, are based entirely on what the people say it has done for them, and not upon some imaginative list of diseases and complaints. There is not a single thing which we claim that Hood's Sarsaparilla will do, which it has not already accomplished, as will be seen by the numerous letters published in this book, and which are almost entirely from people unknown to us, and of whom we never heard till they, of their own accord, wrote to us to tell what Hood's Sarsaparilla had done.

HOOD'S SARSAPARILLA

Has proven a sovereign remedy for the most severe cases of scrofula, whether in the form of terrible running sores or ulcers, or in the milder form of scrofulous humor, and for salt rheun, scald head, boils, pimples, ringworm, and all diseases of the blood. It has relieved the tortures of dyspepsia, biliousness, sick headache, indigestion, and all troubles arising from a weak or disordered stomach. It has restored to health and strength the form wasted by disease or prostrated by change of climate, season, or life, improved the appetite, and driven off that

EXTREME TIRED FEELING

Which many people experience at certain seasons of the year. It has cured people who suffered greatly from that very common complaint, catarrh; and those who were afflicted with the pains and aches of rheumatism have found in it positive relief and permanent cure. What Hood's Sarsaparilla has done, is what we claim it will do. We submit that the statements in this book constitute conclusive proof that Hood's Sarsaparilla is all it is represented to be. If you suffer from any of the diseases named, try

Hood's Sarsaparilla

Sold by druggists. \$1; six for \$5. Made only by C. I. HOOD & CO., Lowell, Mass.

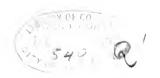
100 Doses One Dollar

HIGH-STREET

COOK BOOK.

"All the labor of man is for his mouth, and yet the appetite is not filled." — Solomon.

"We may live without friends, we may live without books,"
But civilized man cannot live without cooks,"—Owen Meredith.



PUBLISHED BY THE LADIES OF HIGH-STREET CHURCH, LOWELL, MASS.

REPUBLISHED BY PERMISSION, AND COPYRIGHTED, BY C. I. HOOD & CO., PROPRIETORS OF HOOD'S SARSAPARILLA. 1885.

74114

INTRODUCTION

"The High-Street Cook Book" was originally prepared and published by the ladies of High-Street Congregational Church, Lowell, Mass., for the purpose of being sold at their Annual Fair. The receipts were contributed by the ladies themselves, some of whom have quite a local reputation as excellent cooks and housekeepers, and were such as they had tried and found valuable in their own experience. Thus the book possessed the great advantage of being thoroughly practical, and it is not surprising that it was a great success. The edition published for the Fair was soon disposed of, and the demand continued so great that it was thought advisable to have the book republished. This edition, published by the proprietors of Hood's Sarsaparilla, is the result. And believing that the circulation of so excellent a book should not be limited, we have decided that our edition shall be so large that every housekeeper in the country who desires it may have a copy. It may be obtained free of your druggist, or by sending a two-cent stamp to the publishers, C. 1. HOOD & CO., Lowell, Mass.

But the value of this edition of the High-Street Cook Book is not confined to the receipts and hints for cooking herein contained. The information that is given concerning the curative value of, and cures effected by, Hood's Sarsaparilla, is of sufficient importance to deserve careful reading and considerate attention. "Only advertising!" you say. true. But as "only advertising," we believe it will prove a blessing to many a poor sufferer, who will learn from it how others have been benefited and how he may be cured. Honest statements have a right to everybody's attention. And before you prepare to skip lightly over the "advertising," we wish to impress upon your mind the fact that every statement we make, every testimonial we use, will stand the closest investigation, and even the most remarkable cures are confirmed by conclusive evidence. We believe Hood's Sarsaparilla is doing a vast amount of good, and we republish this book in the confident belief that it will help on the good work of advancing the interests of a thoroughly honest and reliable medicine.

THE HIGH-STREET COOK BOOK.

BREAD.

"The very staff of life;
The comfort of the husband, the pride of
the wife."

. Yeast.

One cup of hops, two-thirds cup of malt, both thoroughly boiled in four quarts of water in a porcelain kettle; never in tin or fron. Mix one cup of flour, one cup of sugar, two-thirds cup of salt, together in an earthen dish, strain the water (from the hops and malt) boiling hot over this, stirring it quickly and thoroughly. When cold add to it one pint of yeast, and keep it quite warm, but not hot, until it begins to ferment. Bottle next day. Hood's Sarsaparilla sharpens the appetite.

Veast.

One and one-half cups of raw grated potatoes, one cup of white sugar, two-thirds cup of salt, pour on four quarts of boiling water; stir while pouring on. Steep a handful of hops and stir in the yeast. When cold add one and a half cups of yeast. Take Hood's Sarsaparilla.

3. Rolls.

One quart of new milk (boiled), two quarts of flour, one cup of shortening rubbed into the flour. When the milk is cool make a hole in the middle of the flour, add one cup of yeast to the milk, pour into the flour, and let stand until morning. Then knead and let rise; when well risen knead and let rise again; two hours before baking shape into rolls. Bake twenty minutes. Hood's Sarsaparilla combines economy and strength.

APPETITE.

"And then to breakfast with What appetite you have." -- SHAKESPEARE.

Perfect Health

Cannot be enjoyed without a good appetite. The loss of appetite soon causes a lack of strength, the system gets into a low state, and is especially liable to severe attacks of disease. The universal testimony given by those who have used Hood's Sarsaparilla, as to its great merits in restoring and sharpening the appetite, in promoting healthy action of the digestive organs, and as a purifier of the blood, constitutes the strongest recommendation that can be urged for any medicine. If you have no appetite, take Hood's Sarsaparilla. Made only by C. I. HOOD & CO., Apothecaries, Lowell, Mass.

Appetite Restored.

"I had been troubled for sometime with poor appetite, particularly in the morning, and also had frequent attacks of rheumatism. I commenced taking Hood's Sarsaparilla and now my appetite is the best and the rheumatism has entirely left me." C. Arens, 3704 Emerald Avenue, Chicago, Ill.

Dizzy in the Morning.

"I have taken Hood's Sarsaparilla, and would not be without it. When I began taking it I was dizzy when I got up in the morning, had a headache and had no appetite; but now I can hardly get enough cooked to eat." EMMA SHEPARD, I Coral Street, Worcester, Mass.

4. Graham Gems.

One quart composed of two-thirds graham and one-third wheat flour, half a teaspoonful of salt, a dessertspoonful of sugar, one teaspoonful of soda in a pint of sour milk and beat to a foam; stir this into the meal and bake in hot gemi-irons. Hood's Sarsaparilla purifies the blood.

5. Bread Fritters.

One cup of dried bread crumbs soaked in a cup of sweet milk; let it stand a while, then add another cup of milk, two eggs, two teaspoonfuls of baking powder mixed in a little more than one cup of flour, and salt. Hood's Sarsaparilla is characterized by three peculiarities.

6. Clay-Street Brown Bread.

Two cups of Indian meal, two cups of rye meal, one cup of flour, one and onehalf pints of sweet milk, two-thirds cup of molasses, one teaspoonful of saleratus, and a little salt. Bake. That extreme tired feeling, take Hood's Sarsaparilla.

7. Brown Bread.

Three cups of rye meal, two cups of Indian meal, one teaspoonful of salt. Mix well together and then add one cup of molasses and one pint of tepid water, with one teaspoonful of soda dissolved in it (or if you prefer, one teaspoonful of cream tartar and half a teaspoonful of soda). Steam over a kettle of boiling vater four hours. If you wish a crust, then bake for half an hour. This must be cooked immediately on mixing, or it will be heavy. 100 Doses One Dollar.

8. Corn Cake.

One cup of Indian meal, two tablespoonfuls of sugar, one cup of flour, twothirds tablespoonful melted butter, one cup of milk, one and one-half teaspoonfuls baking powder, and one egg.

9. Corn Cake.

One egg beaten to a froth with a table-spoonful of white sugar, one teacup of sour milk, one even teaspoonful of soda, salt to taste, one handful of Indian meal; mix with flour to a batter and pour into muffin-pans. Bake quickly. Hood's Sarsaparilla is pleasant to take.

Scrofula and Prostration.

The severe prostration which is described in the following testimonial is often experienced by those who suffer from serofulous sores or abscesses, being caused by the terrible drain upon the system made by these heads of corruption. The power of Hood's Sarsaparilla to remove the scrofula taint from the blood, to overcome its weakening effects, and to tone up and restore the system to health, are also forcibly illustrated.

Mr. Samuel E. Curtis, of Quincy, Mass., a well-known stone-cutter, says:

"From a boy I have been troubled with scrofula humor. During the spring and summer of 1884 I was in a bad way, having some of the time six or seven abscesses on and about my neck. I became so weak as to be hardly able to drag myself about and was almost unable to work. Most of my friends felt sure that I was going into consumption. Very soon after eating.

A DEATHLY FAINTNESS

would come on. I felt I must soon give up. Every piece of work I commenced I felt must be my last. I had tried many so-called remedies, but with little or no benefit. About the first of July, a friend recommended to me Hood's Sarsaparilla, he having been benefited by its use. I got a bottle and commenced to take it regularly, according to directions. Before I had finished the second bottle I had another abscess come on my side, but that one and the others soon commenced to heal up, and all eventually disappeared. My general health improved. I have taken about five bottles. When I commenced, I weighed 127 pounds, now I weigh 145, and I feel

STRONG AND VIGOROUS.

I can do my good day's work with as much ease as ever I could at any period of my life. After what Hood's Sarsaparilla has done for me, I feel that too much cannot be said in its praise. It gives me pleasure to recommend it to others, as I feel confident in regard to its intrinsic worth." S. E. Curtis, Quiney, Mass.

Hood's Sarsaparilla is made only by C. I. HOOD & CO., Lowell, Mass. Sold by all druggists. 100 Doses One Dollar.

10. Indian Cakes.

Scald one quart of meal, one tablespoonful of molasses, one-half teaspoonful of soda, salt. Fry in small cakes in hot fat. Take Hood's Sarsaparilla now.

11. Whole-Wheat Muffins.

One egg, one cup of milk, one table-spoonful of sugar, one and a half cups of whole wheat, one tablespoonful molasses, one half cup flour, two teaspoonfuls baking powder. To be baked in hot and buttered iron gem-pans.

12. Parker House Corn Cake.

Mix one cup of flour, one cup of Indian meal, one and one-half teaspoonfuls of cream tartar, one teaspoonful of soda, and a little salt together. Mix one egg, one-half cup of sugar, butter size of an egg, and one cup of warm milk together. Then pour the liquid into the dry mixture, beat well, and bake. Hood's Sarsaparilla sharpens the appetite.

13. Wafites.

Two eggs, one pint of milk, butter size of an egg, two teaspoonfuls of cream tartar, one teaspoonful of soda, a little salt, flour to make a thin batter. Beat the whites of the eggs separately, and add the last thing, 100 Doses One Dollar.

14. Breakfast Squash Cakes.

One teacup of sifted squash, one teacup of flour, one coffeecup of milk, one egg, one teaspoonful of cream tartar, one-half teaspoonful of soda, one teaspoonful of melted butter. Baking powder can be used instead of cream tartar and soda if preferred.

15. Graham Bread.

Make a stiff batter of half a pint of warm water thickened with graham, add to it one-third cup of yeast. Let it rise over night, and in the morning add a small piece of butter, one-half cup of sugar, and wheat flour enough to mold. Let the bread rise in pans and bake.

16. Blueberry Cake.

Beat together three eggs and one cup of sugar; add one-half cup of melted butter, one cup of milk, and four cups of flour, with one and one-half teaspoonfuls of cream tartar and one teaspoonful of soda mixed with it, then add one pint of blueberries rubbed in flour.

17. Breakfast Muffins.

One pint of warm milk, one egg, three tablespoonfuls of yeast, a large spoonful of butter, and flour enough to make a stiff batter; beat them together very thoroughly, and let the batter rise over night. In the morning dip this light sponge out very earefully into iron or tin moulds, and bake in a quick oven. If iron moulds are used, they should be hot when the batter is put in.

For the Children.

Thousands of children have reason to be thankful for Hood's Sarsaparilla, as it has proven a cure for disagreeable diseases of the blood which rendered their lives miserable. Even infants are cured of troublesome complaints by this medicine, as the following letter will show:

"My child was born with a dry cough, and at the age of eight months was taken with inflammatory rheumatism. We had the best medical skill in the city. His ankles swelled greatly, and one finger became swollen until it turned purple. The doctor thought it would require amputating, and his life was despaired of. Then we commenced to give him Hood's Sarsaparilla, when in one week he showed signs of improving. We gave him one bottle. The cough and swelling disappeared, he gained in flesh, and is now well and strong. He has not taken any medicine for four months. We hope this may induce others to take Hood's Sarsaparilla." C. Kendall, Davendort, Iowa.

Quick Effect.

"Tbegan taking Hood's Sarsaparilla in the spring of 1883, when I was so weak I could not do my work. I must confess I had not a drop of faith in it; but it has made a new person of me. All I ask of any one is to try a bottle of Hood's Sarsaparilla and see its quick effect. It takes less time and quantity to show its effect than any other preparation I ever heard of. I would not be without it in the house." Mrs. C. A. M. Huibard, North Chili, Monroe County, N. Y.

SOUP.

"A hasty plate of soup."

18. Bouillon.

Take from four to eight pounds of beef from the shoulder, according to the number for which you dress the sonp. Put on early in the morning, for six o'clock dinner, in water enough to cover it with two quarts additional; let it boil slowly. Take it from the fire when the beef is tender. Let it stand till cold, skim off the fat, add salt and pepper to taste, strain into soup-kettle and boil half an hour, add a root of celery, or pieces cut an inch long. Hood's Sarsaparilla purifies the blood. 100 Doses One Dollar.

19. Tomato Soup.

Take about three pounds of beef from round to make stock, pour into four quarts of water, and boil four hours; then add two cans of tomatoes, and boil for one hour; strain into an earthen dish, let it cool, and skim off all the grease; return to soup-kettle. Take a table-spoonful of flour mixed with a little milk until smooth, and add while boiling hot; salt and pepper to taste; add a table-spoonful of sugar. Dissolve quarter of a teaspoonful of soda in a little water, and add to the above. Fry in salt pork two slices of white bread cut into dice, and serve separate with the soup.

20. Ox-Tail Soup.

Take an ox tail and divide it into small pieces; wash nicely and put into a souppot, with five quarts of water and two pounds of beef from shoulder. Boil slowly for several hours; when done so that the meat falls from the bone, strain; let it stand over night, skim off the fat, then return to the somp-ketfle and boil for two hours. Add one onion, celery, and two tablespoonfuls of brown flour. This will make, when done, about three quarts of liquor; salt and pepper to taste. A glass of wine will greatly improve it.

21. Black Bean Soup.

Take two pounds of beef from the shoulder, put into three quarts of water, and boil down to stock. Put a pint of black beans to soak over night; put them into fresh water next morning, and boil until soft enough to strain through a sieve, then add to the stock, and boil for two hours; salt and pepper to taste. This will make about three quarts; cut two lemons into small pieces and add just before serving.

22. Chicken Soup.

Boil the bones of two chickens with half an onion; the next day, skim off every bit of fat, and add half a cup of pearl barley, which has been soaked over night in cold water; salt and pepper. Just before serving, sift in one-third teacup of dry, fine bread-crumbs.

An Engineer's Wife.

Mr. H. D. Winans, whose wife's statement is given below, is an engineer on the Michigan Central Railroad. He says that many a night, after coming home from a hard day's work, he had to lose most of his night's rest, earing for his invalid wife. No medical attendance or other medicines seemed to do her any good. But when she began to take Hood's Sarsaparilla, improvement began at once. She soon rested much better and Mr. Winans has not lost a night's rest since. Mrs. Winans says:

"I have been in poor health several years, and have tried many medicines but did not receive much of any benefit from them. I was advised to try Hood's Sarsaparilla, and did so. I have now taken nearly three bottles and have received more benefit from it than from any other medicine I ever used. trouble being caused by indigestion, I was very much troubled with restlessness during the night, and in the morning would get up with a very tired feeling. After taking only a part of the first bottle I could rest well all night and feel refreshed when I woke up. I must say that Hood's Sarsaparilla is all it is recommended to be." Mrs. H. D. Winans, 210 East Mason Street, Jackson, Mich.

Pimples on the Face.

"I have taken Hood's Sarsaparilla and found it beneficial for pimples on the face, and impure blood." CHARLES CRAIN, Portsmouth, Ohio.

23. Clam Soup.

Twenty-five clams, one pint of milk, half a pint of water, two tablespoonfuls of butter, six peppers, little mace, salt to taste (celery salt), one tablespoonful corn starch. Drain the liquor from the clams and put it in a farina-kettle with the water, peppers, mace, and salt; boil ten minutes, then strain and put back into the kettle with the clams; cover closely and boil half an hour. Heat the milk in another kettle, stir in the corn-starch, which has been wet with cold water, and the butter, pour into the kettle with the clams. Line the tureen bottom with Boston crackers split. 100 Doses One Dollar.

24. Mock Turtle Soup.

Take a calf's head well scraped and cleaned, the skin remaining on. Let it soak in cold water over night; in the morning put it on in a soup-kettle; let it boil slowly until it falls from the bone. When done, there should be four quarts of stock; add one quart of tomatoes, one tablespoonful of cinnamon, one teaspoonful of cloves, one teaspoonful of allspice. one tablespoonful of sugar, salt and pepper to taste. Strain this into a soup-kettle, and mix half a cup of brown flour with a little water. Let it all come to a quick boil, and when ready to serve, add a glass of Madeira or Sherry wine and the juice of two lemons; add one-half the meat of the head cut into small pieces. Take two slices of white bread, cut very thin and browned and buttered, and cut into small pieces and drop into the soup.

25. Tomato Soup.

One teaspoonful of butter, two teaspoonfuls of flour, one pint beef stock, one quarter of a small onion. Put butter into frying pan, cut an onion in small pieces, and brown. Add one can of tomatoes, and cook one hour; pass through a sieve, return to the fire, and add the stock and flour. Season with salt, pepper, and Worcestershire sauce. Serve hot. Hood's Sarsaparilla cures debility.

26. Corn Soup.

(For Twelve Persons.) Nine ears of corn, twelve tomatoes. Grate the corn from the ear; put it, with the tomatoes and two quarts of water, into a soup-pot; cook until soft, then strain it through a sieve. Put it back on the fire in the souppot, and add a pint of milk, a small piece of butter, pepper, and salt. Just before serving, put in a small bit of soda. Seasonable from August until October.

Pastor and People.

The relations between pastor and people in the smaller towns and villages, are as a rule much more intimate than in the large cities. The people look to the pastor for advice in temporal as well as in spiritual matters, and especially in cases of sickness is he consulted. We have just received letters, given below, in which the advice of a pastor who had himself experienced benefit from Hood's Sarsaparilla, was followed with the most gratifying results:

"About a year ago 1 was for a long time a sufferer from a bad humor, which came out all over my face, head, and neck, producing a burning sensation hard to endure. My neck and the lower part of my face were badly swollen. I had medical treatment, but in vain. I could get no comfortable sleep, and my appetite left me. I was growing worse rather than better, when I was advised by Mrs. Stone, our minister's wife, to try Hood's Sarsaparilla. She gave me a bottle, and a very few doses

GAVE ME AN APPETITE.

and in less than a week I could sleep quietly and saw that I was fast improving; and in two weeks the humor had entirely disappeared and I felt that I was well. Once or twice since, I have noticed some little indication of a disposition on the part of my old enemy to return; but a very few doses of the Sarsaparilla were sufficient to drive him off again. I have not yet taken quite two bottles, but I always want a little on hand." Louisa F. Rix, Dalton, N. II.

"After suffering many years with kidney complaint, I was recommended by my pastor, Rev. J. P. Stone, to try Hood's Sarsaparilla. I have taken three bottles, and can say that it has done me more good than any thing else." EDWIN C. CURRIER, Dalton, N. H.

MEATS.

"What say you to a piece of beef and mustard?" SHAKESPEARE.

27. Sauce for Game.

Chop an onion fine and boil it in milk; when done add the gravy from the bird, and thicken with pounded cracker.

28. Meat Patties.

Line small patty-pans with good puff paste and bake in a quick oven. Chop remmants of chicken or other meat fine, season with salt and pepper, and heat in a little butter sauce. Fill the shells and put them back into the oven till the mixture is slightly browned. A little flavoring of tomato improves some meats used in this way. Take Hood's Sarsaparilla.

29. Lobster Croquettes.

Chop the lobster very fine and mix with it pepper, salt, and bread-crumbs, season well with celery-salt, and moisten with melted butter, make into cakes, dip them into beaten egg, then in cracker-crumbs, and fry brown

30. Potted Pigeons.

To twelve pigeons take one-half pound of salt pork, cut into thin slices, and fry it in the kettle in which you are to pot the birds. When this is cooked take out the slices and lay in the birds, with an onion chopped fine and three gills of water, cover up very close, and add frequently flour from the dredging-box, and salt and pepper to your taste. Let them boil for three-quarters of an hour, then add a thickening of browned flour and butter, and lay several halves of crackers in on the birds, to steam and be served with the pork around the dish. It is nice to roll each bird in the brown thickening before putting it into the gravy.

A Blood Purifier.

"Thave used Hood's Sarsaparilla for a blood purifier in my family for several years, and cannot speak too highly of it. It has been very beneficial in cases of eramp and colle, with which we have been troubled in this section." J. E. Collins, Bassett House, Piqua, Ohio.

A Good Name at Home.

It was from the people of Lowell and vicinity that Hood's Sarsaparilla received its first words of praise and recommen-Their good words led many others to use it, with uniform excellent results, and thus the knowledge of its curative power has become very widely extended. We are pleased to state that the popularity of Hood's Sarsaparilla has continued undiminished in our own home, and is now, as it has been for years, the leading and most successful medicine for purifying the blood and toning and strengthening the system. It would require a volume to contain all the praise Lowell people have given Hood's Sarsaparilla.

Headache - Stomach Disorder.

Mr. C. W. Marriott is the well-known First Assistant Fire Engineer of Lowell, having been in the Fire Department 31 years—longer than any other man. He fully endorses his wife's statement, which follows:

"For fully sixteen years I was troubled with a disorder of the stomach and severe sick headache, which nothing seemed to relieve though I consulted physicians and have expended over a thousand dollars for prescriptions and advice. I was strongly urged to try Hood's Sarsaparilla, but refused for a long time. I bought two or three bottles, but gave them away without giving the medicine a fair trial myself. Finally, I determined to give it a fair trial and am glad I did so. I had become all run down, suffered from

NERVOUS PROSTRATION,

and had the very severe attacks of headache every fortnight or oftener, at which times I was obliged to take to my bed, and being unable to endure any bed, and being unable to endure any noise, could simply suffer patiently till the attack was over. It always ended in vomiting spells. Physicians seemed to think there was no help for me, and said there was nothing to build from. Soon after I began to use the Sarsaparilla steadily, my attacks of headache became less and less frequent until they ceased altogether and I have not had the headache now for six months. My appetite

has also greatly improved and the nervousness has decreased. My stomach is still somewhat troublesome at times, but the headache has entirely gone. I can eat almost anything. When I first took the Sarsaparilla a humor came out on my skin which caused some apprehension, and I ceased taking the medicine for a few weeks, but resumed, as I believed it to be doing me good, and with the excellent results stated. I cheerfully recommend Hood's Sarsaparilla to any who may be troubled with sick headache or disorder of the stomach." Mrs. C. W. MARRIOTT, 303 Middlesex Street, Lowell.

31. Potted Pigeons.

Pick, soak, and boil the pigeons with the same care as for roasting. Make a crust as for chicken-pic, lay the pigeons in whole, and season with pepper, salt, and shavings of butter and sweet marjoram, flour them thickly, then strain the water in which they were boiled and fill the dish two-thirds with it, lay on the top crust, and close the edges well, make incisions with a knife, and bake an hour and a half. Take Hood's Sarsaparilla.

32. Yorkshire Pudding.

Take a pint of milk, four tablespoonfuls of flour, two eggs, and a pinch of salt. Bake for ten minutes in a quick oven, and serve with roast beef. The same proportions make a good batter.

33. Chicken Croquettes.

Fourteen ounces of chicken chopped fine, half a pint of milk, four ounces of butter, one teaspoonful of salt, two tablespoonfuls of flour, and a pinch of cayenne pepper. Mix the flour smooth in a little of the milk, but the rest over a sauce-pan of boiling water, and when scalded pour in the flour, sprinkle the salt and pepper over the butter and cut it in the milk; when like thick cream mix it thoroughly with the chicken and put it aside to cool. then make it into twelve croquettes from three to four inches long, roll them in the beaten yolk of an egg, then in grated bread, and fry them in a frying-basket. Be sure to use only Hood's Sarsaparilla, Made only by C. I. HOOD & CO., Apotheearies, Lowell, Mass. Sold by all druggists. 100 Doses One Dollar.

Hood's Cook Books

Nos. 1, 2, and 3, published by C. I. Hood & Co., proprietors of Hood's Sarsaparilla, Lowell, Mass., have had a very wide circulation, and are still sought after by housekeepers who value highly the many excellent receipts they contain. Copies may be had by sending a two-cent stamp to the publishers.

Lumps in the Neck.

Joseph Dunphy, 214 Central Street, Lowell, Mass., had swellings and lumps on his neck and face, which various pastes, ointments, and medicines failed to stop. A shopmate, whose wife had been cured of a sore on her arm by Hood's Sarsaparilla, recommended the medicine, and he bought a bottle. In three days there was a change in the cruptions, and five bottles effected a complete cure, leaving the skin smooth and fair, putting him in good condition.

Scrofulous Sores.

"I was severely afflicted with scrofula, and for over a year had two running sores on my neck. Took five bottles of Hood's Sarsaparilla and consider myself entirely cured." C. E. LOVEJOY, Tyler Street, Lowell, Mass.

An Indiana Postmaster.

"In justice to Hood's Sarsaparilla, I will give a little history of what it has done for my wife. For twelve years she has been afflicted with a stomach trouble. which at times would take different shapes. Sometimes she would suffer severe cramps, at other times an aching, gnawing sensation. She received only temporary relief from medicines, until a friend induced us to try Hood's Sarsaparilla. About Nov. 15, 1884, she began to take it, weighing then only 113 pounds. She has now taken three boitles, and weighs 130 pounds, and she is so much relieved that she feels confident of permanent cure." Isaiah Phipps, Yockey, Ind.

The Best Cure.

"I have used the renowned Hood's Sarsaparilla, for serofula, and find it to be the best cure for the disease." Mrs. L. MILLER, Baltimore pike, Cincinnati, O.

34. Tomato and Lamb Pie.

Take the remains of a roast of lamb, or a boiled leg of lamb, and cut up into small pieces (fat and all), and put in a deep dish, first a layer of bread-crumbs, then the meat, and then either cut up raw tomatoes or canned tomatoes, and pepper and salt until the dish is full, then turn in any gravy you may have left. On the top of the dish put coarse bread crumbs with little pieces of butter to make a handsome crust, as you would on scalloped oysters, and then bake for about three-quarters of an hour. place of all bread-crumbs you can use some cold cooked potatoes. Hood's Sarsaparilla cures bilionsnes and headache.

35. Spiced Tomato Beefsteak.

Take a very thick steak from the round of beef, cut gashes into it with a knife and fill the holes with powdered cracker and spices, and little bits of butter, then roll up tightly and tie with a string. Take a quart of canned tomato in a tight sauce-pan and lay the roll of beef into it, cover closely, and let it cook slowly for at least two and a half or three hours, till the meat is thoroughly done. Then untie the roll and serve on a platter with the tomato about it, which will then be a thick sauce. Hood's Sarsaparilla will purify and enrich your blood.

36. Veal Loaf, for Lunch, Etc.

Three pounds of lean veal, boiled a little while and chopped very fine with a quarter pound of raw salt pork, two or three eggs well beaten, one cup pounded cracker, one teaspoonful pepper, one and a half teaspoonfuls of salt. Mix well together, press it down hard in a pan, set the pan into a meat-pan, pour water into the outside pan, set in the oven, and bake slowly for about an hour. When cold cut in slices. Take Hood's Sarsaparilla now.

37. Cecils.

Mince fine one cup of rare roast beef, add one-fourth cup of dry bread-crumbs, one-fourth of a small onion (grated), one teaspoonful of chopped parsley, one-fourth teaspoonful of pepper, one teaspoonful of salt, stir in a little good stock and one egg (beaten). The mixture

should be as soft as you can handle it. Heat all together, and when it cools mould in the bowl of a spoon into eggshaped balls, roll in fine crumbs, and fry a light brown, in hot lard. Make a gravy of one cup of stock thickened with browned flour, and flavor with one teaspoonful of Halford Sauce, and pour over the Cecils. Take Hood's Sarsaparilla.

An Important Statement.

The letter which we give below is of unusual importance and deserves careful consideration, from the character and prominence of the gentleman who writes it. Professor Cilley has devoted his entire life to teaching, and is widely known in New England as an educator, in the best sense of the word, and whose pupils honor and respect him. He always has marked influence in educational, political, and other gatherings which he attends. He says:

"I cheerfully give my experience in the use of Hood's Sarsaparilla: I had been

TROUBLED WITH CATARRH

a long time, and had used various medicines as remedies with no good results. when, in the summer of 1881, I was so affected by the disease that speech was somewhat difficult, and my voice was entirely unnatural. I then began to use Hood's Sarsaparilla as a remedy, and with such good effect, that, in a few weeks, speech was easy, the voice natural, and my general health was much improved. Sometimes a return of the disease is induced by taking cold, when I resort at once to the use of Hood's Sarsaparilla, which I keep by me constantly, and always find relief. I regard Hood's Sarsaparilla as an invaluable remedy for catarrh, and judging by its effects upon myself, I cannot say too much in its praise." J. S. CILLEY, Jericho, Vt.

Rheumatism.

"I have taken Hood's Sarsaparilla for rheumatism, and have received great benefit from it. I cheerfully recomend it as a tonic for the general system." W. BURDSAL, Lebanon, Ohio.

Hood's Sarsaparilla is made only by C. I. HOOD & CO., Lowell, Mass. Sold by all druggists. 100 Doses One Dollar.

FISH.

"Now, good digestion, wait on appetite."

38. Cream Oysters.

One pint of cream, a little more than a pint of oysters, one tablespoonful of flour, salt and pepper to taste. Let the cream come to a boil; mix the flour with a little cold milk and stir into the boiling cream. Let the oysters come to a boil in their own liquor, then skim carefully. Drain off all the liquor, and turn the oystersinto the boiling cream. Hood's Sarsaparilla is a valuable aid to digestion.

39. Spiced Mackerel.

Have one-half dozen small mackerel; mix together allspice, cloves, cinnamon (teaspoonful of each). Open the mackerel and sprinkle this mixture in, then sprinkle with salt, and close them tightly; put into an earthen dish, cover with vinegar, and bake them an hour in a slow oven. Take Hood's Sarsaparilla now.

40. Fish Balls.

Boil together one quart of sliced potatoes pared, and one large cup of salt fish, about half an hour. Mash, and add two tablespoonfuls of cream or milk, with a small piece of butter size of an egg, and one egg; beat together with a spoon; then have the fat boiling hot, drop into the hot fat a tablespoonful of this mixture. Do not use the bands to make them into balls, or flour. You will find them very delicate and light. Hood's Sarsaparilla overcomes that extreme tired feeling.

41. Oyster Fricassee.

Melt one cup of butter in a spider, put in two quarts of oysters; let them boil up once, remove from the stove; add one cup of cream, pepper to taste, and one tablespoonful of flour mixed in a little cold milk. Put back on the stove, and let it boil till the oysters are cooked. Take off, and add the yolks of three eggs well beaten; pour over a platter of hot, toasted crackers. Serve hot.

"I can safely say that Hood's Sarsaparilla will drive all impurity from the blood." G. W. HARTER, Smithville, O.

Well Known in Lowell.

Mr. Albert Estes, whose statement follows, has been for many years employed by J. W. Bennett, Esq., a leading contractor and builder of Lowell, and is well-known as a reliable man:

"From boyhood I have been troubled with scrofula or salt rheum humor, which manifested itself in various disagreeable forms. I had sores on different parts of my body, and at one time I had a large bunch come in my neck, which developed into a running sore and troubled me for a long time. The most serious affection. however, appeared about three years ago. on my leg between the knee and ankle. From an injury to the skin, which was comparatively slight, there grew, as the result of a cold and humor, a running sore. which became worse and spread till at one time it covered a place on my leg fully six inches long by three or four inches wide. I was obliged to keep it bandaged constantly, and when I changed the bandages every night, it caused a

SEVERE BURNING SENSATION.

The sore was also very sensitive, and when at work a slight touch would cause it to bleed, and pain intensely. When I had suffered in this way about a year, I happened to be reading of the cures Hood's Sarsaparilla had effected in eases similar to mine, and I decided to give it a trial. In connection with the Sarsaparilla, I used Hood's Olive Ointment for the purpose of cooling and soothing the sore, and it served its purpose admirably. The effects of the Sarsaparilla were also soon apparent. The sore began to grow less, and in a few months had entirely healed, leaving a large sear which I suppose I shall always have upon me. My blood seems to have been thoroughly purified, as I have not been troubled by the humor in any way since, though before I began taking Hood's Sarsaparilla 1 was seldom free from it in some form. I have recommended Hood's Sarsaparilla to other people frequently, and do now recommend it to every one troubled with scrofula or salt rheum, or any in need of a medicine to purify the blood." ALBERT ESTES. 28 East Pine Street, Lowell, Mass.

VEGETABLES.

"Cheerful looks make every dish a feast."
— Massinger.

42. Baked Tomatoes.

Sixteen tomatoes, some bread-crumbs, a little butter, pepper, and salt. Bake the tomatoes whole, then scoop out a small hole at the top; fry the bread-crumbs, and fill the holes with this as high as possible; then brown the tomatoes in the oven, and take care the skin does not break. Time, twenty-five minutes; sufficient for nine persons. Seasonable in Angust, September, and October.

43. Scalloped Tomatoes.

Cook macaroni soft; place in an earthen dish first a layer of macaroni, then tomatoes, scasoning the tomatoes with pepper, salt, and adding butter. Make the last layer of tomatoes, and bake until this layer is brown.

44. Corn Oysters.

Grate young, sweet corn, and to a pint add one egg well beaten, small teacup of flour, half gill of cream or milk, and a teaspoonful of salt; mix well together, drop into the fat by spoonfuls about the size of an oyster. If you are all run down Hood's Sarsaparilla will build you up.

45. Scalloped Potatoes.

Peel and slice potatoes thin, same as for frying. Butter an earthen dish, put in a layer of potatoes, and season with pepper, salt, butter, and a bit of onion chopped fine; sprinkle on a little flour. Now put on another layer of potatoes and the seasoning. Continue in this way till the dish is filled. Just before putting in the oven, pour a cup of milk over. Bake three-quarters of an hour.

46. Lyonnaise Potatoes.

One quart of cold boiled potatoes cut in dice, three tablespoonfuls of bufter, one tablespoonful of chopped onion, one tablespoonful of chopped parsley, one tablespoonful of salt, one tablespoonful of pepper. Fry the onion in the butter, and when they turn yellow, add the potatoes. Stir with a fork, being careful not to break them. When hot, add the parsley, and cook ten minutes longer; serve immediately on a hot dish.

Dyspcpsia

Is caused by earelessness in diet, high living, eating too rapidly, too rich food. overtaxing the stomach with indigestible food, etc. Constination, headache, heartburn, sour stomach, distress after eating, faintness, dizziness, and capricious appetite are some of the many distressing symptoms. Persons troubled with dyspepsia are miserable, hopeless, confused and depressed in mind, very irritable, languid, and drowsy. Dyspepsia requires careful, persistent attention, and a remedy to throw off the causes and tone up the digestive organs. Hood's Sarsaparilla has proven just the remedy in hundreds of cases.

The Best Results.

"Thave had dyspepsia for several years and was urged to try Hood's Sarsaparilla, which I did with the very best results. I have also been troubled with extarrh. but since taking Hood's Sarsaparilla have been very much better. I have recommended it to my neighbors, and all who have taken it speak very highly of it." MRS. MARY J. RYAN, 131 High Street, Indianapolis, Ind.

Dyspepsia Entirely Cured.

"I have been troubled with dyspensia for many years, so that at times I would despair of ever being well. Medicine did not seem to do me any good. I was for a number of years unable to work. Two years ago Hood's Sarsaparilla was recommended by a friend, and I got a bottle and used it. It did me so much good that I have taken several bottles, which have cured the dyspensia, and I now consider myself entirely well. I cannot find words strong enough to express satisfactorily to myself my feeling in favor of Hood's Sarsaparilla. It has done everything for me, and I cheerfully recommend it. I think it the best blood purifier in the market." Mrs. S. M. Beede, Marblehead, Mass.

"1 can certify to the above as being true, and also say that other members of the family are using Hood's Sarsaparilla with good results." S. M. BEEDE.

OMELETS.

47. Baked Omelet.

One pint of milk, four eggs beaten separately. Scald the milk, and thicken with a tablespoonful of flour—Let it cool a little; add the yolks, whites, and salt. Pour into a buttered dish, and bake until it rises all over like a custard.

48. Omelet.

Six eggs, whites beaten to a stiff froth, yolks well beaten, one teacup of warm milk with tablespoonful of butter melted in it, one tablespoonful of flour wet to a paste with milk; add to the cup of milk one teaspoonful of sall. Mix all except the whites—add them last. Cook immediately about ten minutes, then fold like a turnover. Take Hood's Sarsaparilla.

49. Corn Omelet.

Take half a eup of canned corn and chop it very fine (or the same amount cut from the cob), and to that add the yolk of one egg well beaten, with pepper and salt to taste, and two tablespoonfuls of milk (or better, cream). Beat the white of the egg to a stiff froth, and stir it in just before cooking. Have the griddle very hot and profusely buttered, and pour the mixture on, and when nieely browned, turn one half over the other, as in cooking other onnelets. Try Hood's Sarsaparilla.

Headache and Scrofula.

"After taking three doses of Hood's Sarsaparilla I was very much relieved from a terrible headache. I have been troubled more or less with scrofula for the past fourteen years, and my parents and myself have spent hundreds of dollars for medicines, doctors' bills, etc., in the effort to cure it. But nothing ever benefited me so much as Hood's Sarsaparilla. When I began to take it last October my face was a terrible sight, all covered with pimples. I took four bottles of Hood's Sarsaparilla and now there is not a Limple on my face. My friends say to me, 'How nicely your face looks! What did you do for it?' I am perfectly willing to make known to all the benefit I have received from Hood's Sarsaparilla." T. R. Robbins, Concord, N. H.

Salt Rheim.

The following statements of remarkable cures of severe cases of salt rheum by Hood's Sarsaparilla are additional illustrations of the power which this medicine has over all diseases caused by impure blood. If any of our readers are afflicted with this painful and extremely disagreeable disease, we urge you to give Hood's Sarsaparilla a trial. We know that you will be as greatly benefited as those whose testimonials follow. Hood's Olive Ointment will be found an excellent outward application to allay the intense itching and burning.

Cordially Recommended.

"I take pleasure in recommending to the public Hood's Sarsaparilla, for it has done wonders for me. I had salt rheum very severely, affecting me over nearly my entire body. Only those who have suffered from this disease in its worst form can imagine the extent of my affliction. It is impossible to describe my sufferings. I took many medicines but failed to receive benefit until I took Hood's Sarsaparilla. The disease began to subside, the watery pimples with their

AGONIZING ITCH AND PAIN

disappeared, and now I am entirely free from the disease. My blood seems to be thoroughly purified, and my health is greatly benefited. My wife, seeing the benefit I received, and being troubled with restlessness at night, also took Hood's Sarsaparilla. It helped her very much, and she now sleeps perfectly well." LYMAN ALLEN, Sexton N. E. Church, North Chicago, Ill.

From 108 to 135.

"I was seriously troubled with salt rheum for three years, and received no benefit from medical treatment. I saw the advertisement of the good Hood's Sarsaparilla was accomplishing, and decided to take it. The result is that I am entirely cured of salt rheum, and my weight has increased from 108 lbs. when I began to take Hood's Sarsaparilla, to 135 now." Mrs. Alice Smith, Stamford, Conn.

Hood's Sarsaparilla is made only by C. I. HOOD & CO., Lowell, Mass.

SALADS.

"To make it one must have a spark of genius."

50. Dressing for Sandwiches.

One-half pound of nice butter, two tablespoonfuls of mixed mustard, three tablespoonfuls of salad oil, a little red or white pepper, a little salt, yolk of one egg. Rub the butter to a cream, add the other ingredients, mix thoroughly, and set away to cool. Spread the bread with this mixture and put in the ham chopped fine. Hood's Sarsaparilla for the blood.

51. Cooked Dressing.

Two eggs beaten light, one teaspoonful salt, one-half teaspoonful mustard, one-quarter teaspoonful pepper, piece of butter the size of an egg, one-half cup of vinegar. When all is mixed, place the bowl in hot water on the stove and stir constantly till it thickens.

52. Potato Salad.

Cut cold boiled potatoes in thin slices, add a small piece of onion chopped very fine, with a bit of sour apple. Garnish your dish with slices of beet and carrot ent in any fancy shape. Pour over the potato salad dressing.

53. Salad Cream Dressing.

Two even tablespoonfuls dry mustard, one teaspoonful salt, one teaspoonful powdered sngar; seald with hot water enough to mix. Pour in the oil slowly, beating all the time—drop in all the oil it will contain—three unbeaten eggs, and beat all together, one-half cup of vinegar, and then two-thirds cup of milk; put over the fire in a double boiler, stirring constantly till it thickens. Strain if you wish. When cold a little whipped cream improves it. Hood's Sarsaparilla purifies the blood and tones the digestion.

Canker in the Stomach.

"This certifies that Hood's Sarsaparilla has been used with perfect success in our family for canker in the stomach and impure blood. I consider my little one entirely cured, and shall continue its use as a family medicine," Mrs. F. E. BURTON, Somerville, Mass.

Glandular Swellings.

A peculiar form of scrofula is swelling of the glands of the neck, often forming large bunches, which are very disagree-able and unsightly. These bunches accumulate a quantity of foul matter, and have a weakening and depressing effect upon the general health. We give below a statement from a lady who suffered from an affection of this kind and was greatly benefited by Hood's Sarsaparilla.

"Hood's Sarsaparilla has done for me what the best medical treatment in this vicinity has failed to accomplish. My disease was an enlargement of the glands of my neck. The gland back of my left car was swollen as large as a hen's egg, and the glands on my neck and collar bone were swollen to about the same size. I doctored and suffered for eighteen long months, and could find no relief in anything I tried. My

WHOLE GLANDULAR SYSTEM

seemed affected. I read in a book that similar cases had been cured by Hood's Sarsaparilla, and I decided to try it. I almost immediately found relief, and having now taken five bottles of Hood's Sarsaparilla, I believe there is nothing equal to it for diseases of this kind. I have also used three boxes of Hood's Vegetable Pills and Hood's Olive Ointment with good results. I am now able to do my work, something I have not done for five years. The swelling of the glands has been reduced over half. and I intend to keep on taking the medicine till it is entirely gone. My general health has never been better than now. I most heartily recommend Hood's Sarsaparilla to all who may be suffering, and I know of six families who are using it by hearing how I have been benefited by Hood's Sarsaparilla has certainly done me great good." Mrs. William McDonald, 94 North Street, Wooster, O.

Pleasing Results.

"I have used Hood's Sarsaparilla in my family the past two years as a blood purifier and am much pleased with the results. Having accomplished its object, I recommend it cheerfully." John H. RAMSEY, Kansas City, Mo.

PUDDINGS.

"The proof of the pudding lies in the eating."

54. Delmonico Pudding.

Volks of five eggs and white of one, four large tablespoonfuls of corn-starch, five tablespoonfuls of sugar, pinch of salt, stirred into one quart of boiling milk, boil five minutes, pour into a buttered dish, frost, flavor, and jelly. That tired feeling—Take Hood's Sarsaparilla.

55. Whitpot Pudding.

One quart of milk, one-half cup of molasses, two eggs, four spoonfuls of Indian meal, well beaten together, then stir into the milk while boiling.

56. Tapioca Fruit Pudding.

One-half cup of tapioca soaked over night in cold water enough to make a quart. In the morning cover the bottom of the dish with any kind of fruit, either canned or fresh, and sprinkle with onehalf cup of sugar, a little salt, and flavor to taste; pour the tapioca over the fruit and bake one hour. Serve cold with sugar and cream.

57. Baked Apple Pudding.

Fill a three-quart earthen dish with pared and quartered apples. Sprinkle on these one cup of sugar, a little cinnamon, one tablespoonful of butter, and one-half cup of water. Cover and bake thirty minutes. Make half the rule for chopped paste. Roll a piece of the paste into a strip about two inches wide that will reach around the pudding-dish; roll the remainder to cover the dish. Take the pudding-dish from the oven, slip the strip of paste between the apple and the dish, and put on the top crust; return to oven and bake an hour. Serve with creamy sauce.

58. Boiled Plum Pudding.

Three-quarters pound of stale bread, one-quarter pound of suct, one-half cup of sugar, three eggs, one-half pound of raisins, one quart of neilk, one glass of wine, one teaspoonful of salt, one teaspoonful of spice, one-half teaspoonful of soda. Boil five or six hours.

Rillionsness

Is often caused by frequent changes in the weather, the symptoms being bitter taste, offensive breath, tongue coated, sick headache, drowsiness, dizziness, loss of appetite. If this condition is allowed to continue, serious consequences may follow. The best known anti-bilious remedies are combined in Hood's Sarsaparilla, in such proportion as to derive the full medicinal effects without disturbance to the system.

Loss of Appetite.

"During the spring and summer 1 was troubled with biliousness and loss of appetite. I was advised to try Hood's Sarsaparilla, and did so with the best results. I have recommended it to a great many of my customers, to whom it has given entire satisfaction." E. R. Nowland, druggist, Indianapolis, Ind.

Bilious Headache.

"I was troubled with a bilious head-ache for two years. A friend advised me to take Hood's Sarsaparilla, and having done so, I feel like a new man and would recommend it to all suffering. I am sure they will get their money's worth." A. Dragon. Northampton, Mass.

Helped Very Much.

"I used Hood's Sarsaparilla last spring and can truly say it helped me very much. To those suffering with billions complaints, nervous prostration, or rheumatism, I earnestly recommend it." Mrs. E. Carpenter, 608 West North Street, Kalamazoo, Mich.

"I have used Hood's Sarsaparilla for biliousness; think it a great remedy for that complaint." J. W. Abbott, Manchester, N. H.

Whole System Benefited.

"Hood's Sarsaparilla has done me an immense amount of good. My whole system has been built up and strengthened, my digestion improved, my head relieved of the bad feeling, and my throat relieved of the severe irritation. I consider it the best medicine I have ever used, and am glad to speak in its praise." MARY L. PEELE, Salem, Mass.

59. Indian Pudding.

To two quarts of milk when boiling, add two cups of Indian meal, one-half cup of molasses, one-half cup of sugar, two eggs, one-half teaspoonful ginger, one-half teaspoonful cinnamon, one teaspoonful salt, and one piat cold milk. Beat the eggs and stir all together, butter the dish, and bake two hours. 100 Doses One Dollar, is true only of Hood's Sarsaparilla.

60. Orange Pudding.

Take four large oranges, peel, seed, and cut into small pieces, and sweeten to taste. Then boil one pint of milk and add to it a tablespoonful of corn starch dissolved in a little cold milk, and the yelks of three eggs; when done let it coel, then mix it with the orange. Beat the whites of the eggs with one cup of sugar, spread over the top of the pudding, setting it in the oven to brown slightly. To be eaten cold.

61. Sweet Flour Pudding.

One quart of milk, five spoonfuls of flour, six eggs, a little butter half the size of an egg. little salt, nutmeg, sweeten to taste; stir the flour in a little cold milk and mix with the milk when boiling hot. Butter the dish, put some raisins in the bottom of the dish, beat the eggs and sugar together, and add them to the milk when cold, then pour the whole over the raisins into the dish, and bake like a custard. To be eaten cold, without sauce.

62. Gingerbread Pudding.

Fill a common sized baking dish little more than half full of apples cut in thick slices, scatter over them a little sugar, salt, cinnamon, and nutneg, and pour over them half a cup of water. Make the gingerbread of one-half cup of molasses, half cup of sugar, half cup of butter, one cup of boiling water, one teaspoonful of soda, one teaspoonful cach of ginger and cinnamon, flour enough to make a thin mixture. Pour this over the apple and bake. Serve it with a sauce.

63. Baltimore Pudding.

Two cups of molasses, two cups of suct chopped fine, two cups of milk (sweet or

sour), two cups of stoned raisins, seven cups of flour, one teaspoonful of soda. Steam the pudding.

Stuce.—Two eggs, two cups of sugar, and one cup of butter beaten together to a froth; two cups of boiling milk slowly strained in and set on ice to serve cold.

After Scarlet Fever.

"I am glad to bear testimony to the superior worth of Hood's Sarsaparilla. When in the spring I felt all run down and much debilitated, I found it just the medicine to build me up. My wife also, after much physical prostration, found in its use new life and most lasting benefit. Upon our little girl, who had been sick with scarlet fever, its use was most marvelous, entirely removing the poison from her blood and restoring her to good health. We, therefore, feel that Hood's Sarsaparilla deserves our highest praise and is worthy of the high favor it helds at the hands of the public. E. G. STRAT-TON, Veterinary Dentist, 26 Burrill Street, Swampscott, Mass.

Effectual Relief.

We are pleased to receive the following from a reliable and respected merchant of Montpelier, Vt.:

"I have been afflicted with a bowel complaint for twenty-five years, and as often as one week in eight was disabled for business. My wife was reading the testimonials of Hood's Sarsaparilla, supposing there was some truth in them. But I told her they were bought up and there was nothing to them. She urged me to get a bottle, and to please her I did so, and got the second and third. From the time I commenced taking Hood's Sarsaparilla, till now, I have been free from the complaint, and feel thankful that I have received effectual relief by taking the medicine." Jos. FISHER, of Fisher & Colton, Montpelier, Vt.

So Strengthening.

"We all like Hood's Sarsaparilla, it is so strengthening." LIZZIE BALFOUR, Auburn, P. Q.

Hood's Sarsaparilla is made only by C. I. HOOD & CO., Lowell, Mass. Sold by all druggists. 100 Doses One Dollar,

PASTRY.

"Who'll dare deny the truth, there's poetry in ple?" - LONGFELLOW.

64. Puff Paste.

One pound of butter, one pound of flour, one scant teaspoonful of salt, one cup of ice-water. The treatment the same as in plain paste, with the exception of rolling the dough from you, and guarding against rolling to the very edge of the dough, thereby preventing the air-cells being broken, which insures success.

65. Mince Meat.

One cun of chopped meat, one and a half cups of raisins, one and a half cups of currants, one and a half cups of brown sugar, one cup of granulated sugar, onethird cup of molasses, three cups of chopped apples, one cup of meat liquor, two teaspoonfuls of salt, two teaspoonfuls of cinnamon, half a teaspoonful of mace, half a teaspoonful of cloves, one lemon, quarter of a pound of citron, half a emp of brandy, quarter of a cup of wine. Do not put in the brandy and wine until the meat is cooked. Cider and vinegar can be substituted in place of brandy and wine, if preferred. This amount will make four pies. Use a piece of solid, lean meat cut from the round,

66. Mock Mince Pies.

Six soda crackers rolled fine, two cups of cold water, one cup of molasses, one cup of brown sugar, one cup of sour eider, one and a half cups of melted butter, one and a half cups of raisins, one and a half cups of currants, one and a half cups of citron cut fine, one table-spoonful of cinnamon, one teaspoonful of putneg, one teaspoonful of eloves, one teaspoonful of salt, one teaspoonful of black pepper, one wine glass of brandy, two eggs beaten light. Enough for six pies. Now take Hood's Sarsaparilla.

Indigestion.

"I have been using Hood's Sarsaparilla for indigestion, kidney and liver troubles. It has greatly benefited me, and I would advise any one afflicted with similar troubles to give it a trial." W. H. WAIT, depot master, Syracuse, N. Y.

The Kidneys and Liver

Are very important organs, and if not kept in good, active condition, much suffering is likely to result. Hood's Sarsaparilla, by its purifying and regulating influences, has cured many severe cases of kidney and liver complaints.

Cold Feet - Pimples.

"I was sick nine or ten years with difficulty of the kidneys and liver, and could get nothing to do me any good. At times I was unable to do my work. I had cold feet nearly all the time-could not keep them warm, and my body would break out with fine spots, I took different medicines, but could get no relief. I saw Hood's Sarsaparilla advertised and told my husband I would try one bottle; then I could tell if there was any good in it. I had taken only half of it when I began to feel better, and for years I have not felt as well as I do now. I do not have cold feet now, and am not troubled with pimples." Mrs. Fannie Miller, 1012 Ninth Street, Harrisburg, Pa.

Pain in the Back.

"After seeing three doctors, I was advised to take Hood's Sarsaparilla for a pain in my back, caused by standing on my feet while at my work. I think it must have been trouble with my kidneys, After using one bottle I felt almost well, and am now taking the second bottle, which I think will entirely cure me." HENRY J. STANDTE, Kansas City, Mo.

Kidney Trouble.

"After trying several physicians, and paying out lots of money for medicine for kidney trouble, I took a few bottles of Hood's Sarsaparilla, and I am pleased to say that I am a great deal better. My rheumatism is almost cured, and my kidneys are now in good order. I have great faith in Hood's Sarsaparilla, as I know it has cured many in my neighborhood."

D. West, Napoleon, Henry County, Ohio.

C. I. Pitman, Dorchester Dist., Boston, took Hood's Sarsaparilla to purify his blood, and to his great surprise, it cured a severe kidney trouble with which he had suffered eleven years

67. Lemon Pie.

Grate and squeeze two lemons, yolks of four eggs, nine tablespoonfuls of sugar, two tablespoonfuls of melted butter, two-thirds goblet of milk. Use the whites of three eggs with three tablespoonfuls of sugar, for frosting. Make a rich paste for the undercrust.

68. Cheese Sticks.

One cup of grated cheese, one cup of flour, a small pinch of cayenne pepper, butter same as for pastry; roll thin, cut in narrow strips, and bake a light brown in a quick oven. Serve with salads.

69. Chopped Paste.

One quart of flour, two cups of butter, one tablespoonful of sugar, and one-half tablespoonful of salt. Do not wash the butter. Put all together in a chopping-tray, and chop until thoroughly mixed; then add cold water (or iced water) to make a very stiff paste, which will take less than a cup of water, roll out one and place in the ice-chest to harden. Be made strong by Hood's Sarsaparilla.

70. Tarts.

Three cups of flour, half cup of butter, half cup of lard, one teaspoonful cream tartar, half teaspeonful of soda, white of one egg leaten to a froth, one teaspoonful of white sugar, half cup of cold water. Bake in a quick oven. 100 doses \$1; true only of Hood's Sarsaparilla.

Given Up to Die.

"I was completely run down, and was for nearly four years under medical treatment, being given up to die by physi-They had prescribed iron and different tonics, but I received no benefit and gave up in despair. My mother urged me to take Hood's Sarsaparilla. and at last I consented. I must say I have never taken anything which gave me as much benefit as Hood's Sarsaparilla, which restored me to health and vigor. I have been taking it about four months and am now a different being. I can sew all day with very little fatigue. I highly recommend it to any one whose system is prostrated." Nelia Noble, 904 South Adams Street, Peoria, Ill.

That Tired Feeling

Which is so distressing and so all-pervading, caused by change of climate, season, or life, is entirely thrown off by Hood's Sarsaparilla, which replaces languor and inactivity with life and vigor.

General Debility.

"My daughter had been ailing some time with general debility, and Hood's Sarsaparilla was recommended to us. After she had taken three bottles she was completely cured and built up. It is with great pleasure that I recommend Hood's Sarsaparilla." BEN M. MIRRIE-LEES, Sapt. Cincinnati & Louisville Mail Line Company, Cincinnati, Ohio.

Tired all the Time.

"Two months ago I commenced taking Hood's Sarsaparilla as an experiment, as 1 had no appetite or strength, and felt tired all the time. I attributed my condition to serofulous lumnor. I had tried several different kinds of medicine, without receiving any benefit. But as soon as I had taken half a bottle of Hood's Sarsaparilla, my appetite was restored, and my stomach felt better. I have now taken nearly three bottles, and I never was so well in my life." Mrs. Jessie F. Dolbeame, Pascoag, R. I.

Felt Like an Old Man.

"I have taken, by advice, a bottle of Hood's Sarsaparilla and it did me good. My blood was all out of order and I felt like an old man. Hood's Sarsaparilla makes me feel young and active as a boy of twelve." JULIUS KRATZER, 55 East Wayne Street, Fort Wayne, Ind.

Loss of Appetite.

"I know that Hood's Sarsaparilla has done me a great deal of good, and we esteem it in our family an old and valued friend. My husband has been subject to severe headaches, but is greatly benefited by Hood's Sarsaparilla. My son suffered from spring debility and loss of appetite, and was restored to health as soon as he began to take our favorite medicine, Hood's Sarsaparilla." Mrs. THALIA E. SMITH, Scipioville, N. Y.

CAKE.

"With weights and measures just and true, Oven of even heat,

Well-buttered tins and quiet nerves, Success will be complete."

71. Ginger Snaps.

One cup of sugar, one cup of New Orleans molasses, one cup of butter (or part butter and part bard), three tablespoonfuls of ground ginger, one teaspoonful of cinnamon, half a teaspoonful each of cloves and allspice, one teaspoonful of soda dissolved in three tablespoonfuls of hot water, flour sufficient to thicken to roll out easily; roll thin, cut them small, and bake them crisp and brown in a quick oven. Languor overcome by Hood's Sarsaparilla. Sold by druggists

72. Fruit Cake.

One pound of butter, one pound of sugar, one pound of flour, twelve eggs, two large nutmegs, one teaspoonful of mace, one teaspoonful of cinnamon, one-half teaspoonful of allspice, one-half teaspoonful of ginger, grated yellow rind and jnice of one lemon and orange, small glass of rose-water, four pounds raisins, four pounds of citron, half pound each of sweet and of bitter almonds blanched and beaten to a paste with rose-water. If baked in one large loaf, it takes eight hours in a moderate oven. That tired feeling—take Hood's Sarsaparilla.

73. Chocolate Cake.

One cup and a half of sugar, one-half cup of butter, four eggs (yolks and whites beaten separately), one-third cup of milk, two and a half cups of flour, one teaspoonful of cream tartar, one-half teaspoonful of soda. Flavor, and bake in layers. Take Hood's Sarsaparilla now.

74. Nut Cake.

One and a half cups of sugar, half cup of butter, half cup of milk, three eggs, one teaspoonful of cream tartar, half teaspoonful of soda, two and one-half cups of flour and mits. Hood's Sarsaparilla gives new life and vigor. It is made only by C. I. HOOD & CO., Lowell, Mass.

Humors and Boils.

The powerful action which Hood's Sarsaparilla has upon the blood and the entire system speedily expels all impurities and gives new vigor to the whole body. Boils and all humors are thus quickly cured, and danger of their reappearance is avoided.

"In the early part of last spring I was troubled with boils, caused by my blood being out of order. Two bottles of Hood's Sarsaparilla cured me. I can recommend it to others troubled with affections of the blood." J. Schoch, Peoria, Ill.

Speedy Relief.

"I was for some time troubled with boils, having several of them at a time. After enduring about all I could bear in suffering, I took Hood's Sarsaparilla. Four or five bottles entirely cured me, and I have had no symptoms of the return of the boils. I cheerfully recommend Hood's Sarsaparilla to all like afflicted, being sure they will find relief." E. N. NIGHTINGALE, Quiney, Mass.

Hives and Pimples.

"I had been troubled with hives and pimples for some time. Other remedies having failed, I was advised to try Hood's Sarsaparilla. I have taken two bottles and am entirely cured. I think Hood's Sarsaparilla has no equal as a blood purifier." EFFIE M. PETRIE, Portsmouth, O.

"Having used Hood's Sarsaparilla the past six or seven months for scrofula and pimples on my face, which I have had for twelve years or more, I can recommend the medicine to every one similarly troubled, confident that they will be benefited by it." P. A. DUCHESNE, Northampton, Mass.

Blood Poison.

"I have used Hood's Sarsaparilla for blood poison, and I believe it has entirely cured me." W. H. BARR, foreman Beatty's Glassworks, Steubenville, Ohio.

"I was troubled with my blood being out of order. I was recommended to take Hood's Sarsaparilla. After using it I can recommend it as all that is claimed." D. C. Thompson, Kansas City, Mo.

25. White Mountain Cake.

One cup of sugar, one-half cup of butter, one-half cup of sweet milk, two and a half cups of flour, two eggs, two teaspoonfuls of cream tartar, one teaspoonful of saleratus; flavor with lemon.

76. Snowball Cake.

One cup of sugar, half a cup of butter, half a cup of sweet milk, two cups of flour, the whites of three eggs, half a teaspoonful of soda, one teaspoonful of cream tartar sifted with the flour; beat the butter and sugar thoroughly together, add the whites of eggs beaten to a stiff foam, then the flour, and milk and soda the last. 100 Doses One Dollar.

77. Orange Cake.

Two cups of sugar, two cups of flour, one-half cup of milk, one teaspoonful of cream tartar, one-half teaspoonful of soda, four eggs (leaving out white of one), the grated peel and juice of one lennon. Frosting.—The whites of two eggs and the grated peel and juice of one orange-Bake the cake in layers, and put together with the frosting. Hood's Sarsaparilla makes the weak strong.

78. Aurora Cake.

One-half cup of butter, one-half cup of milk, one and a half cups of flour, one cup of sugar, two eggs (whites and yolks beaten separately), one teaspoonful of cream tartar, one-half teaspoonful soda. Flavor to faste. After diphtheria, take Hood's Sarsaparilla.

79. Sponge Cake.

Four eggs, one cup of sugar, one cup of flour, juice of half a lemon. Weariness is overcome by Hood's Sarsaparilla.

80. Hot Water Sponge Cake.

Two eggs well-beaten, one cup of sugar, one cup of flour, one teaspoonful of cream tartar well mixed with the flour, one teaspoonful of extract of lemon, one teaspoonful of salt. Stir all tegether until quite smooth, then add one-half teaspoonful of soda has been dissolved; stir briskly, and put in the oven as soon as possible. Take Hood's Sarsaparilla.

Catarrh

Is one of the most prevalent, as well as one of the most disagreeable, of diseases. It sometimes destroys the masal bones, which causes loss of the sense of smell; or, the matter dropping on the bronchial tubes causes bronchitis, and often pulmonary consumption. Besides the uncomfortable and disgusting flow from the nose, there are ringing and bursting noises in the ears, pain on the top of the head, and offensive breath. Severe nervous prostration follows, with a miserable, tired feeling generally. Catarrh is a constitutional disease, and Hood's Sarsaparilla being a constitutional remedy, acting through the blood, effects cures in the most severe cases.

Bronchial Tubes Affected.

"I have been troubled with catarrh about a year, causing great soreness of the bronchial tubes and terrible headache. I saw the advertisement of Hood's Sarsaparilla as a cure for catarrh, and after taking only one bottle I am much better. My catarrh is cured, my throat is entirely well, and my headache has all disappeared." RICHARD GIBBONS, Hamilton, Butler County, Ohio.

Asthma or Catarrh.

"For several years I had been troubled with a kind of asthma or catarrh in my throat, and had tried several kinds of medicine but could find nothing to help me. My wife wanted me to try a bottle of Hood's Sarsaparilla. I told the druggist of whom I bought it that I had no faith in it, but would give it a trial, which I did. I must say I was very much benefited by using it and would recommend it very highly to any one having asthma or catarrh." ELIAS P. DEVRIES, firm of Devries & Peterson, Omaha, Neb.

Hay Fever.

"Last summer I had what the doctors called hay fever, and used medicine for about six weeks, but received no benefit. I was advised to try Hood's Sarsaparilla. I took one bottle, which did me a great deal of good. I have continued to use it in my family and can recommend it as a blood purifier." G. Burris, Alton, Ill.

S1. Sponge Cake.

Ten eggs (eleven if small), one pound of sugar, half a pound of tlour, a little salt, the juice and rind of one lemon.

82. Snow Flake Cake.

Coffeecup of butter, two and a half coffeecup of sugar, one coffeecup of milk, stir to a cream; the whites of twelve eggs, four cups of flour, three tablespoonfuls of corn starch, two heaping teaspoonfuls of baking powder. Mix with flour; eggs last. Flavor; slow oven.

83. Bridgeport Cake.

One cup of butter, two cups of sugar, four eggs, three and one-half cups of flour, one cup of milk, two cups of curraits, one-half pound of citron, one teaspoonful of saleratus, juice and grated rind of one lemon. Hood's Sarsaparilla gives new life and vigor.

84. Ice Cream Cake.

Whites of five eggs, one and one-half cups of sugar, one-half cup of butter, one cup of milk, one teaspoonful of cream tartar, one-half teaspoonful of soda, three cups of flour. Separate this mixture and color half with strawberry coloring, flavor this with vanilla and the white with lemon, put in the white, then the pink. Bake slowly. Now is the time to take Hood's Sarsaparilla.

85. Cookies.

Beat one cup of butter to a cream and then add one and a half cups of sugar, two eggs, and four and a half cups of flour with half a teaspoonful of soda mixed with it. Roll very thin and bake in a quick oven. Hood's Sarsaparilla.

86. Ginger Cookles.

One cup of molasses, one cup of sugar, one cup of lard, one teaspoonful of alt, one teaspoonful of ginger, two teaspoonfuls of saleratus dissolved in one cup of hot water. Roll thin, cut in squares, and bake quick. Headache cured by Hood's Sarsaparilla. Sold by all druggists.

87. Wedding Cake.

Two pounds of butter, two pounds of sugar, two pounds of flour, six pounds of

currants, five pounds of raisins, two pounds of citron, nineteen eggs, two tablespoonfuls of cloves, six nutmegs, wine-glass of brandy. This will make two large loaves. Hood's Sarsaparilla cures kidney complaint.

Rheumatism

Undoubtedly arises from impure blood. Lactic acid is formed in the decomposition of the gelatinous and albuminous tissues, which, circulating with the blood. acts upon certain parts, and gives rise to the local manifestations, the rains and aches, of the disease. It particularly attacks the fibrous tissues, and especially those entering upon the composition of the joints. We do not claim that Hood's Sarsaparilla is a positive specific for rheumatism; we doubt if there is, or can be, such a remedy. But we call attention to numerous eases of rheumatism which have been cured by Hood's Sarsaparilla. and ask you, if you suffer from this disease, to give this remedy a fair trial.

Inflammatory Rheumatism.

"My wife has been troubled a long time with rheumatism, and was so bad last spring that it was hard work for her to walk. The doctors said she had regular inflammatory rheumatism. She derived more real help from taking four bottles of Hood's Sarsaparilla, than from any other medicine she has taken. I have taken Hood's Sarsaparilla myself for my blood, and I have great faith in it." Joseph F. Green, corner First and Canal Streets, Dayton, Onio.

Hardly Able to Walk.

Mr. W. F. Wood, the popular clerk of the Ashley House, Bloomington, III, was a severe sufferer from rheumatism, being hardly able to walk. He was cured by Hood's Sarsaparilla, as stated below:

"I was troubled very much with rheumatism in my hips, ankles, and wrists; in fact. I could hardly walk, and was confined to my bed a good deal of my time. I was also very bilious and suffered severely. I was recommended to try Hood's Sarsaparilla, which I did. I have taken four bottles and am now well. I gladly recommend Hood's Sarsaparilla."

88. Corn-Starch Cake.

One and a half cups of sugar, one cup of butter, one and a half cups of flour, one-half cup of corn-starch, one-half cup of milk, four eggs, one teaspoonful of eream tartar, one-half teaspoonful of soda. Leave out white of one egg for frosting. Three Peculiarities in Hood's Sarsaparilla. 100 Doses One Dollar.

89. Buns.

One cup of milk, one cup of sugar, twothirds cup of yeast. Make a stiff batter at night; in the morning add one-half cup melted butter, mould into dough; when light cut into small biscuit; rise again; after taking from the oven brush the top with a little milk and sugar; add a cup of currants. Hood's Sarsaparilla sharpens the appetite and tones up the system.

90. Raised Doughnuts.

One pint of boiled milk, one-half cup of sugar, one egg, one tablespoonful of lard, one teaspoonful of salt, half pint of fresh yeast; knead at night; let this rise until morning; roll or twist; fry in hot lard. Blood diseases cured by Hood's Sarsaparilla. 100 Doses One Dollar.

91. Molasses Gingerbread.

One-half cup of sugar, one-half cup of molasses, one-half cup of sour milk, one teaspoonful of soda, two cups of flour, one spoonful of ginger. After all well mixed together add one well-beaten egg.

92. Sugar Gingerbread.

Two cups of sugar, three-fourths cup of butter, one cup of sour milk, threefourths teaspoonful of soda, two eggs, flour enough to make a little stiffer than cake; add ginger and salt. Hood's Sarsaparilla is purely vegetable.

93. Pound Cake.

One pound of butter, one pound sugar, one pound of flour lacking two spoonfuls, seven eggs, citron if you like. Now is the time to take Hood's Sarsaparilla.

94. Grullers.

Two eggs, a pinch of salt, flour enough to knead hard, roll as thin as a wafer, cut in strips and twist, fry in very hot lard.

To Purify Your Blood

There is no medicine in existence equal to Hood's Sarsaparilla. The most serions diseases of the blood yield to its cleansing properties. Scrofula, salt rheum, tetter, ringworm, scald head, ulcers, sores, and boils, are cured by Hood's Sarsaparilla. It also cures dyspepsia, biliousness, sick headache, and indigestion, sharpens the appetite and tones up the whole system.

Mother and Daughter.

"I had a large ulcer on my leg below my knee, for over a year, and though I took everything recommended, it did not commence to heal till I began taking Hood's Sarsaparilla, discarding all other preparations. I now feel better in every respect and have a good appetite. have not been down stairs for eight months, but now I feel so much better that I will be able to do so before long. I shall continue to take Hood's Sarsaparilla till the ulcer is all healed. I have great faith in the medicine and recommend it to every one. I have often thought I should like to tell how much good this medicine has done me." MRS. D. Hutchins, Roscoe, Coshocton Co., O.

"The above statement is from my mother. I can say that all she says of Hood's Sarsaparilia is true. It certainly has done her a great deal of good." Mrs. R. J. HUTCHINS, druggist, Roscoe, Ohio.

Scrofulous Humor.

"I have been troubled with scrofulous humor and sores breaking out all over my body for the last fifteen years. I have taken four bottles of Hood's Sarsaparilla, and it has entirely cured me. I recommend it very highly to any one troubled with scrofula, or any blood discase." HENRY BIGGS, 1819 Campbell Street, Kansas City, Mo.

Impurity of the Blood.

"I have used Hood's Sarsaparilla for impurity of the blood, which manifested itself in a disagreeable manner, and an well pleased with the excellent results. It is in my estimation a first-class blood purifier and tonic, and good for the healthy as well as the unhealthy." J. J. CHADDICK, Springfield, Ill.

FANCY DISHES.

Custards for supper, and an endless host of other such ladylike luxuries."

SHELLEY.

95. Strawberry Ice Cream.

One large box of perfectly fresh, nice berries, mashed with one pint of sugar, two tablespoonfuls of gelatine dissolved in one cup of hot milk, then cool; one pint of cream beaten to a froth. Mix all together and freeze. Hood's Sarsaparilla cures sick headache.

96. Charlotte Russe.

[Without Eggs,]

Take one pint of cream, one-third box of gelatine (soaked over night in a cup of water), one teaspoonful of vanilla. Whip the cream, then whip the gelatine and vanilla into it. Take one thin sheet of sponge cake, cut into strips and fit into the mould. Sweeten to the taste. Pour mixture in, and set away in a cool place.

97. Macaroon.

Beat together two cups of flour and one-half cup of butter; beat together one cup of sugar and one egg; stir the two mixtures together. Mould in small cakes dipped in sugar. 100 Doses One Dollar.

98. Charlotte Russe.

One cup of milk with two spoonfuls of gelatine dissolved in it, one-half pint of thick cream whipped to a froth, the whites of two eggs beaten to a froth; sweeten to taste, and flavor with vanilla. When it begins to thicken, pour into moulds that have been lined with sponge cake. Take Hood's Sarsaparilla now.

99. Peach Meringue.

Canned peaches—Pour over them anicing of the beaten whites of six eggs and six tablespoonfuls of sugar. Brown lightly in the oven. Serve with golden custard, made from the yolks of the eggs. Hood's Sarsaparilla cures bilionsness.

Well Pleased.

"My blood being in bad condition I took three bottles of Hood's Sarsaparilla and am well pleased with its effects." D. J. Grady, 410 E. 3d Street, Cincinnati, O.

iiood's Book of Parlor Games.

This new book, recently published. gives descriptions of over fifty games. many of which have never before been published. It also gives valuable information upon how to receive and entertain company, propounds and answers arithmetical puzzles, tells " How to make Magie Squares," outlines numerous amusing forfeits, and gives hints in regard to making ice-cream, etc. In many respects this book is a decided novelty. It has a cover especially designed for it. printed in colors, giving it a very handsome appearance. Ask your druggist for a copy, and if you cannot obtain it of him. send a two-cent stamp to the publishers. C. I. Hood & Co., proprietors of Hood's Sarsaparilla, Lowell, Mass., and the book will be sent by return mail.

A Whole Family.

"My father-in-law had a lung complaint a great many years, and his wife was troubled with general debility, and palpitation of the heart. My wife was also very nervous, debilitated, and dyspeptic. They have doctored and taken other preparations, but found Hood's Sarsaparilla to be the most effective and to give the most satisfaction. I can recommend it to any one needing something to build up the system." WILLIAM J. STRUBLE, Sceretary Champion Bridge Company, Wilmington, Ohio.

Pain in the Stomach.

"Two years ago I commenced taking Hood's Sarsaparilla. I had been suffering from a severe pain in my stomach for a long time and had tried different kinds of medicine but failed to get relief until I used Hood's Sarsaparilla. It helped me after taking part of a bottle. Now when I feel any of the symptoms I take it and it helps me." H. J. Cross, Bath, N. H.

To Cleanse the System.

"For a number of years past I have made it a rule to use a medicine every spring to cleause my system. Last spring I used three bottles of Hood's Sarsaparilla, and derived more benefit from it than from any other medicine I have ever used." C. P. SMITH, Youngstown, Ohio.

100. Strawberry Cream.

One quart of strawberries, one-half box of gelatine, one pint of cream, one large cup of sugar, one-half cup of hot water. Mash the berries, then add sugar, and mash berries and sugar; let them stand some time. Whip the cream to a froth. Have the gelatine soaked in cold water to cover. Strain juice from strawberries, getting as much as possible through muslin. Now dissolve the gelatine in hot water and strain into strawberries; place the basin in another of ice-water and stir till it begins to thicken, then add whipped cream. Put into moulds to harden. Hood's Sarsaparilla.

101. Orange Sherbet.

Two dozen oranges; peel them and strain through a sieve. Three eups of sugar; strain again into the freezer.

102. Russian Cream.

Two-thirds package of Cox's gelatine, four eggs, two-thirds cup of sugar, one quart of milk. Cover the gelatine with water and let it stand one hour; heat the milk to a boiling point, then stir in the gelatine, and when well stirred in, add the yolks of the four eggs, well-beaten, with sugar, stirring briskly. Cook two or three minutes, then set off and stir in the whites of the eggs beaten to a stiff froth. Flavor with vanilla before putting in the whites of the eggs. Pour into moulds and set away to cool. (If part of the milk is cream, it is just as good.)

103. Snow Pudding.

One-half box of gelatine dissolved in one pint of water, two cups of sugar, juice of two lemons. Strain when it begins to thicken. Mix in the whites of two eggs beaten to a stiff froth. Mould it before serving; pour around it a soft custard made of the yolks. Take Hood's Sarsaparilla for the blood.

104. Spanish Cream.

One and a half pints of milk, four even tablespoonfuls of gelatine, yolks of three eggs, four tablespoonfuls sugar; boil, then add the beaten whites of the eggs after taking from the fire, and one tablespoonful of vanilla. Pour in mould.

100 Doses One Dollar

Can be applied truthfully to Hood's Sarsaparilla only, and it is an unanswerable and convincing argument as to the strength and real economy of this great medicine. From its superior strength only small doses are necessary. Thus a bottle of Hood's Sarsaparilla will average to last a month, while other medicines last but a week. So for economy and strength, as well as for health, buy Hood's Sarsaparilla.

"I am practising medicine, and can recommend Hood's Sarsaparilla with confidence." Dr. H. BENEDICT, Springport, Ind.

Performing a Duty.

"I feel that I should be neglecting my duty were I to fail in giving my testimony as to the value of Hood's Sarsaparilla. For years I have been a great sufferer from salt rheum, catarrh, chronic dyspepsia, kidney complaint and constipation. I tried medical advice and several kinds of medicines, all in vain. I am now sixty-nine years old, and have been using Hood's Sarsaparilla the past I find myself much imten months. proved in health, and know that Hood's Sarsaparilla has done me more good than anything else I have ever used." L. A. WOODWORTH, Meriden, Conn.

. Caused by Cigarettes.

"Pimples were breaking out all over my face, caused by smoking eigarettes. I tried several well-known remedies, but they all failed to do me the least good. Finally, I was advised by my druggist to try Hood's Sarsaparilla and did so. I have now just finished my second bottle, and all traces of the pimples have disappeared." J. C. DANIELS, Norwich, Conn.

Pure Blood.

"About a year ago I was pretty well run down, being troubled with rheumatism and indigestion, and my blood being very poor, I began to take Hood's Sarsaparilla and it gave me great relief." John Lewis, Torrington, Conn.

Hood's Sarsaparilla is made only by C. I. HOOD & CO., Lowell, Mass. Sold by all druggists. 100 Doses One Dollar.

105. Tapioca Ice.

Soak one cup of pearl tapioca over night; in the morning boil in water till it clears, adding one cup of sugar and a little salt. Have a ripe pineapple chopped (not very fine), and turn the tapioca and sagar over it while boiling hot; stir, and turn into a mould to cool. When cold, cat with sugar and cream. Hood's Sarsaparilla is sold by all druggists.

106. Pineapple Sponge.

One small pineapple (or a pint and a half can), one small cup of sugar, one-half box of gelatine, one and a half cups of water, whites of four eggs. Soak the gelatine two hours in a half cup of water. Chop the pineapple and put it and the water into a sauce-pan with the sugar and the remaining cup of water. Simmer ten minutes; add the gelatine; take from the fire and strain. When cool, add the whites of the eggs, and beat till the mixture begins to thicken; pour into a mould and let it harden. Serve with soft custard flavored with wine. Sick headache cured by Hood's Sarsaparilla.

JELLIES.

"Will't please your honor, taste of these conserves?" —SHAKESPEARE.

107. Clear Apple Jelly.

Pare and core five dozens of sour apples, put into a pan with water to cover them, boil gently until soft, let cool, and strain through a bag; to each pint of juice add one pound of sugar and the peel of two lemons, boil to the stiffness of calf's-foot jelly, skim, and add the juice of one lemon. Rheumatism cured by Hood's Sarsaparilla.

108. Fruit Jelly.

Pare and slice very thin, six oranges and six bananas, and arrange in layers in a charlotte-russe mould. Make a jelly of half a box of gelatine soaked in half a pint of cold water for two hours, then add half a pint of boiling water and the juice of three lemons; sweeten to taste; pour this jelly over the fruit when it has partly cooled, and set away in a cool

place to harden. That fired feeling take Hood's Sarsaparilla.

109. Orange Jelly.

The juice of six oranges, juice of two lemons, one pound of white sugar, three-fourths of a box of gelatine, soaked in one pint of water for half an hour, then add three-fourths of a pint of boiling water, stir thoroughly, and strain through a flanuel bag into moulds. Weariness overcome by Hood's Sarsaparilla.

Dyspepsia.

"Thave been much troubled with dyspepsia the past year or two. After trying many medicines, I began taking Hood's Sarsaparilla, and am now almost or entirely well." Mrs. CHARLES FEETOR. Colerain Avenue, Cincinnati, Ohio.

"I was troubled very much with dyspepsia and could find nothing to relieve me till I was recommended to try Hood's Sarsaparilla. Have used it three weeks, and it has done wonders for me. I would recommend it to every one, as it has helped me more than any other remedy t could get." Free Poiller, foreman A. Burdsall's paint works, Indianapolis, Ind.

Greatly Relieved.

"Being troubled with chronic female weakness I began to take Hood's Sarsaparilla through the recommendation of a friend who said she had been greatly benefited by it, and before the first bottle was gone I was greatly relieved. going to my druggist for another bottle I found he had none, and he advised me to try another kind which he said was just as good if not better. I took it, but found it did me no good, so I returned to Hood's Sarsaparilla, of which I have now taken two more bottles, and am nearly cured. I am also giving it to my daughter, who is very delicate, and find it a great help to her. For female weakness I should by all means advise it to be given a trial." Mrs. L. C. COVEY, Hudson, N. Y.

"Hood's Sarsaparilla did me a great deal of good. I had no particular disease, but was tired out from overwork, and it toned me right up." Mrs. G. E. SIMMONS, Harmony Hotel, Cohoes, N. Y.

PUDDING SAUCES.

110. Lemon Sauce.

Boil one cup of granulated sugar in two cups of hot water; wet a tablespoonful of corn starch in cold water, add to the boiling water and boil ten minutes. Add juice and grated rind of one lemon, and a tablespoonful of butter.

111. Beacon-St. Pudding Sauce.

Two cups of sugar and one cup of butter worked to a cream, one glass of wine, rose water, and nutmeg; stir half a teaspoonful of soda in a cup of sour milk, when it foams add it, and stir all well together, then add four tablespoonfuls of boiling water without stirring. Put it in the tureen, disturbing as little as possible. This is nice for a boiled fruit pudding. Take Hood's Sarsaparilla now.

112. Creamy Sauce.

One-half cup of butter, one cup of powdered sugar, four tablespoonfuls of cream or milk, four tablespoonfuls wine tor, in place of wine, one teaspoonful of vanilla, and three additional teaspoonfuls of milk or cream). Beat the butter to a cream, add the sugar gradually, then wine gradually, and milk gradually. Place the bowl in which the sauce has been made in a basin of boiling water, stir until it looks smooth, and it is ready to serve. Take Hood's Sarsaparilla.

A Spring Medicine.

"I take Hood's Sarsaparilla for a spring medicine, and I find it just the thing for me. It tones up my system and makes me feel like a different man. My wife takes it for dyspepsia, and she derives a great amount of benefit from it. She says it is the best medicine she ever took." Frank C. Turner, Boston Fire Department, Hook & Ladder No. 1, Friend Street, Boston.

After Pneumonia.

"My daughter received much benefit from the use of Hood's Sarsaparilla as an excellent tonic after a protracted attack of bronchial pneumonia." F. H. Adams, New Hartford, Conn.

Our Own Folks Take It.

The confidence in Hood's Sarsaparilla by those who are employed in connection with it is remarkable. They believe they are in the interest of a good thing, and take pleasure in increasing its sale. Many of our employes have taken Hood's Sarsaparilla with beneficial results, and the following letter, from the wife of a traveler in the employ of C. I. Hood & Co., tells frankly the good it has done in her family: "I had terrible

SICK HEADACHES,

about once a week. I sought medical advice and used various medicines, but nothing seemed to do me any permanent good. By advice of a friend I began to use Hood's Sarsaparilla, and the relief was so marked from the very first that I kept on and am now entirely free from the headaches. I am not like the same person, my health being improved in every way. I also gave Hood's Sarsaparilla to my little girl for

SWELLINGS IN HER FACE AND NECK.

We had been doctoring for them a great while, and had had them lanced twice. Since we began to give her Hood's Sarsaparilla the swellings have disappeared, and she seems an entirely different child. She has a good appetite, and is gaining all the time. I can recommend Hood's Sarsaparilla to all as a safe, sure medicine." Mrs. F. E. Lord, 421 Gates Avenue, Brooklyn, N. Y.

All Run Down.

"During the summer I was feeling all run down, and thinking I needed something to tone up my system, I was recommended to try Hood's Sarsaparilla. After taking two bottles I felt much better. I had also been troubled with dyspepsia, and Hood's Sarsaparilla helped me more than anything else I could find. I can cordially recommend it to any one feeling as I did." James R. Darrow House, Fort Wayne, Ind.

"Hood's Sarsaparilla as a blood purifier has no equal. It tones the system, strengthens and invigorates, giving new life. I have taken it for kidney complaint with the best results." D. R. SAUNDERS, 81 Pearl Street, Cincinnati, O.

PICKLES.

"Hunger is the best seasoning for meat."

113. Cucumber Pickles.

One peck of cucumbers, two gallons of vinegar (col.b., one-quarter pound of ground mustard, one-quarter pound of salt, two ounces of mustard-seed, two ounces of pepper-corns, one ounce of whole allspice, one ounce of whole eloves, onions if you please. After diphtheria, take Hood's Sarsaparilla.

114. Chili Sauce.

Two onions, six chopped peppers, eight ripe tomatoes, two tablespoonfuls of salt, two tablespoonfuls of sugar, four cups of vinegar, two teaspoonfuls of all kinds of spices, two teaspoonfuls of mustard; boil two hours. Hood's Sarsaparilla is purely vegetable. Sold by all druggists.

115. Raspberry Vinegar.

Take nine quarts of berries, to that add one quart of vinegar (after mashing the berries somewhat), allow them to stand from four days to a week, and then squeeze out the juice and add a quart of sugar to each quart of juice. Boil fifteen minutes, and then bottle tightly. This season take Hood's Sarsaparilla.

116. Sweet Tomato Pickles.

Remove the skins from seven pounds of ripe tomatoes, put them in a preserving-kettle with four pounds of white sugar, add one pint of vinegar, one onnee each of cloves and cinnamon; boil gently several hours, or until rather thick. This will keep without being canned for a year or more. Dyspepsia curred by Hood's Sarsaparilla.

117. Tomato Sauce.

Peel eight pounds of ripe tomatoes, taking out the hard parts. Put together eight pounds of tomatoes and four pounds of sugar, boil without any water until quite thick, then add one pint of vinegar, let it boil a little while longer, then add one onnee of ground cinnanon, one of allspice, and one-half onnee of cloves. Hood's Sarsaparilla enriches the blood.

118. To Pickle Peaches or Pears.

Take a half peck of peaches, two pounds of brown sugar, one onnee of whole cloves, one ounce of stick cinnamon, one pint of sharp vinegar. Put eight cloves into each peach, make the syrup and boil the peaches until soft enough to put a straw through them, then take them out and put the vinegar in and boil down; put the cinnamon and cloves in when the peaches are taken out. When boiled down, pour on the peaches. Hood's Sarsaparilla purifies the blood.

119. Tomato Ketchup,

One-half bushel of tomatoes, stew them in just sufficient water to keep from burning; then strain; add to this eight tablespoonfuls of salt, four even teaspoonful of red pepper, six of allspice, six of cloves, and four quarts of good cider vinegar. Boil one hour, or longer if necessary, stirring to prevent burning. Bottle tight; does not need scaling. Hood's Sarsaparilla gives an appetite.

For a Good Thing.

⁶ Esteeming it a privilege to say a good word for a good thing. I gladly make this statement: About two years ago I was attacked with what my physician called

ERYSIPELAS.

Deep-seated sores, black and red, came on my right limb, below the knee, which baffled the skill of myphysician. Various remedies were suggested and used, until I had taken over twenty different kinds of medicine, and applied as many more externally, without apparent success. Finally I was induced to try Hood's Sarsaparilla, and it was the first thing which gave me any permanent benefit. I followed the directions given on the wrapper about the bottle. I used two or three bottles, and gradually recovered until that limb became as strong as the other. It gives me pleasure to recommend Hood's Sarsaparilla, for I believe it is a good medicine - one of the best blood medicines made." J. F. OLIN, South Columbia, N. H.

Hood's Sarsaparilla is made only by C. I. HOOD & CO., Lowell, Mass. Seld by all druggists. 100 Doses One Dollar.

CANDY.

"Swectmeats, messengers of strong prevailment in unhardened youth."

-SHAKESPEARE.

120. Walnut Creams.

[Without Cooking.]

Take the white of one egg and stir into it enough powdered sugar to be able to roll into balls; flavor as you please, and set in a cool place for ten or fifteen minutes; then roll into balls, and place half an English walnut on either side of each ball, and press together. Impure blood cured by Hood's Sarsaparilla.

121. Butter Taffy.

Two cups of light-brown sugar, four tablespoonfuls of molasses, two tablespoonfuls of vinegar, two tablespoonfuls of water, one-quarter cup of butter. Boil till it is brittle in water; pour into pans and let it cool. 100 Doses One Dollar; true only of Hood's Sarsaparilla.

122. Peppermint Drops.

Two cups of sugar, one-half cup of water; boil five minutes. Flavor with a few drops of the essence of peppernint. Stir until quite thick, then drop on a buttered paper. Languor thrown off by Hood's Sarsaparilla. 100 Doses SI.

123. Molasses Candy.

Take one pound of granulated sugar, one pint of best Porto Rico, or New Orleans, molasses. Place over a slow fire and boil, stirring all the time to prevent burning or boiling over. When nearly done, add butter the size of an egg. When a little dropped in cold water becomes quickly hard, and snaps apart like a pipe-stem, take from the fire; add onehalf teaspoonful of soda, free from lumps, stir quickly to mix, and pour on large, buttered platters to cool. Let it run down flat. As it cools keep turning in the outer edges towards the centre, so that the whole may cool evenly. When sufficiently cool to handle without burning the hands, pull it over a hook, or in the hands, as fast as possible; the more the candy is worked the lighter it will be. Hood's Sarsaparilla is pleasant to take.

Chills and Fever.

"On Nov. 23, 1884, I went home sick with inflammation of the lungs, and was attacked every other day by chills and fever. I did not go out again for four weeks. I also have had for years rheumatism, kidney complaint, and catarrh. which I considered incurable. My wife induced me to take Hood's Sarsaparilla, and now I am cured of everything except the rheumatism. Even that is growing less every day, and I expect to be soon relieved of it. I am 69 years of age, but can walk half a mile every day to the cars, and go to my business in New York City. I took no medicine but Hood's Sarsaparilla while I was confined to the house, and I earnestly urge all who suffer from diseases caused by impure blood to try it." H. S. Foster, Scarborough, Westehester County, N. Y.

Sick Abed for Weeks.

"During last summer I was sick abed for four weeks, and had two doctors, but they could not seem to tell what was the matter with me. I was recommended to try Hood's Sarsaparilla, which I did, and it helped me right away, and also cured me of dyspepsia, with which I had been troubled for a long time. I took three bottles in all, and have felt well ever since. I think it is the best medicine for general debility there is, and for the good it has done me I cheerfully recommend it." JAMES SULLIVAN, 29 Brown Street. Rochester, N. Y.

It Did Me Good.

"I have suffered with scrofula for four years, and received no benefit from numerous medicines. But when I began taking Hood's Sarsaparilla it did me good, and I have received more benefit from it than from all other medicines. I am still taking it." John Kennedy, Torrington, Conn.

"I took Hood's Sarsaparilla for cough and cold, and for the blood, and feel greatly benefited by the use of it." Mrs. Callie Curtis, Springfield, Ohio.

"We sell more of Hood's Sarsaparilla than any other blood purifier." SEELEY & HART, Williamsport, Pa.

124. Chocolate Cream Drops.

For the Cream. - Take one pound of granulated sugar, add water enough to thoroughly dissolve the sugar over the fire; add one-third teaspoonful of pure cream tartar to make the cream perfectly smooth, without any grain. Don't stir after the sugar is dissolved; boil quick, Try often, by dipping a knife in the sugar and taking a little of the sugar from the knife between the thumb and finger. When you can spread the thumb and finger apart and have the sugar make a thread a full juch or more long, without breaking, it is ready to pour into a nappy dish. Now flavor with one-half great spoonful of vanilla. Let it cool until it begins to harden a little around the edge of the dish, - just enough to take a slight impression from the finger, -then stir briskly until it creams. Let the cream stand long enough to become sufficiently hard to make into shapes - the shapes to stand a few hours to harden before dipping in the chocolate. Hood's Sarsaparilla makes the weak strong.

Chocolate for the Cream.—Warm onehalf pound of confectioner's best sweet chocolate over steam or hot water until it is thoroughly melted. When ready, drop the creams into the melted chocolate (two or three at a time), and lift them out with two forks, placing them on glazed or buttered paper to dry.

For all candy-making it is important to have suitable kettles to boil in. Copper or porcelain-lined are the best; iron will discolor the candy. A gas-stove is much the best for small quantities, as the heat can be better regulated. Headache is cured by Hood's Sarsaparilla.

Great Benefit.

A well-known and highly respected citizen of Springfield, Ohio, sends us the following: "Since my return from the army I have been greatly annoyed by a throat and lung trouble. A few years ago I was persuaded to try Hood's Sarsaparilla, and am happy to state that I received great benefit from it. I can cheerfully recommend Hood's Sarsaparilla." A. G. BETHARD, Springfield, O.

Hood's Sarsapariila is sold by all druggists. 100 Doses One Dollar.

Hood's Tooth Powder.

Continues to grow in popular favor, owing to its great merit, and the universal satisfaction which it gives, being regarded by those who have used it, the very best preparation of the kind now before the public. It preserves, cleauses, and beautifies the teeth, and hardens the gums, giving them a bright, healthy color. It leaves a cool, refreshing sensation in the mouth, and gives to the breath a pleasing sweetness. It is

POSITIVE ECONOMY

to buy Hood's Tooth Powder, for several reasons. It is put up in large bottles, at a low price, every bottle having a neat, patent metallic cap, which avoids waste, keeps the Powder from losing its fragrance, and makes it very convenient to use while traveling. Hood's Tooth Powder, frequently used, is very effectual in arresting and preventing decay of the teeth. No injurious ingredient enters into its composition; it is absolutely pure.

IT IS ENDORSED BY DENTISTS,

many of whom use it in their practice. The leading dentists of Lowell, Mass., unite in praising it; and letters have been received by dentists in Boston and other places, saying that as a preserver and cleanser of the teeth it cannot be surpassed. Hood's Tooth Powder is made by C. I. Hood & Co., Lowell, Mass., and is sold by all druggists. Price 25 cents per bottle. Manmoth size, 50 cents.

Swollen Gums Cured.

"For several years I was troubled with swollen gums, accompanied with severe pains; but since I began using Hood's Tooth Powder I have not had a return of the trouble, and recommend the Powder as beneficial to the teeth and gums." SARAH A. MCLEAN, Newton Centre.

What Dentists Say.

"We have made a critical examination of Hood's Tooth Powder, and can assure the public that it does not contain anything that can possibly injure the teeth, either mechanically or chemically." G. A. Gerry, C. T. Clifford, W. H. Downs, B. Hea'ld, A. T. Johnson, G. A. W. Vinal, E. M. Nelson, Lowell, Mass.

MISCELLANEOUS.

125. Best Way of Keeping Beef.

Cut up the meat in pieces as large as you desire; pack in a barrel or cask. Then make a brine as follows: one and a half pounds of salt to one gallon of water, one ounce of saltpetre to one hundred pounds of beef, one tablespoonful of ground pepper to one hundred pounds of beef. Pour it on the beef boiling hot, and cover closely. Your meat will be good and fresh any time. Hood's Sarsaparilla cures siek headache.

126. A Good Brine for Bacon.

To one pail of water put one quart of rock salt, one fablespoonful of saltpetre, one pint of molasses, one cup of brown sugar. Boil; skim; then pour over the hams. Let them remain three or four weeks; if you prefer, smoke them. This rule we have used for years. Now is the time to take Hood's Sarsaparilla.

127. Plain Family Dinners.

[For a Week in Winter.]

Sunday.— Bouillon, roast beef and Yorkshire pudding, potatoes, eelery, rice croquettes, mince pic, apricot ice cream, cheese, and coffee.

Monday.—Cold roast beef, frieasseed chicken, mashed potatoes, celery, the remains of plum pudding cut in slices, warmed, and served with sifted sugar sprinkled over it.

Tuesday.—Tomato soup, boiled leg of mutton with capers, mashed potatoes and turnips, baked sago and apple pudding white same.

Wednesday. — Boiled haddock with plain melted butter, roast chickens, potato balls, stewed apples, boiled onions, squash, cottage pudding.

Thursday,—Pea soup, yeal cutlets, tomato sauce, boiled rice served with cutlets, mashed potatoes, Troy pudding, egg sauce.

Friday.—Oyster sonp, broiled halibut, chicken pie, French peas, lettuce, potatoes (shredded), steamed apple pudding.

Saturday. — Boiled corned beef and vegetables, with boiled chicken and pork, Indian pudding, cream sauce.

Hood's Olive Ointment

Possesses healing and soothing properties superior to all other salves or ointments, having proved efficacious where other remedies had failed. It is made of carefully selected barks, gums, pure oil, and other ingredients known to possess peculiar cooling and curative properties. It is a family salve of such power and merit that it should be kept constantly in the house.

Hood's Olive Ointment is a positive eure for cuts, burns, flesh wounds, inflammation, sprains, chilblains, salt rheum, chapped lips and hands, hard or soft corns, frost bites, sore nipples, and all cutaneous diseases and eruptions. It contains no injurious ingredients, and is perfectly safe to use at all times. It relieves the intense itching which accompanies salt rheum, tetter, etc., and is often a great aid in healing scrofulous sores when the patient is taking Hood's Sarsanarilla.

Hood's Olive Ointment cures by absorption; it soothes the inflamed membrane; it allays inflammation; it draws out soreness; it quiets pain. Hood's Olive Ointment is made by C. I. Hood & Co., Apothecaries, Lowell, Mass. Sold by all druggists. Price 25 cents per box, or six boxes for one dollar; large size \$1; six for \$5.

Terribly Burned.

H. C. Brooks, Lowell, Mass., was terribly burned on the back of the neck by the spilling of a pint of hot, thin size. He was in a stooping position at the time and the size ran over his neck and ears and up into his hair. The skin came off in patches, leaving the raw flesh expessed. His pain and torture were indescribable. He knew the beneficial effects of Hood's Olive Ointment, and directed that it be put on the wound. By its constant applieation, and with no other remedy, the burn healed rapidly, so that in two weeks he was out of doors; the flesh came back as before, and the skin grew smooth and new, without a sear. He cordially recommends Hood's Olive Ointment.

"I must say Hood's Olive Ointment is the best I ever used." M. J. QUINN, Albany, N. Y.

128. Dinner for Ten Persons. (Winter.)

First Course.—Blue Point oysters on shell, mock turtle soup.

Second Course. — Boiled blue fish and French peas.

Third Course,—Roast turkey, sweetbreads (larded), dressed celery, rice croquettes, jelly, potato balls.

Dessert.—Clear jelly, plum pudding, fruit ices, pears, grapes, confectionery, and coffee.

129. Dinner for Twelve Persons [April.]

First Course.—Ox-tail soup, salmon, with egg sauce.

with egg sauce.

Entrees. — Chicken croquettes, mutton

entlets, tomato sauce.

Second Course.—Tenderloin of beef,
mushrooms, cucumbers, boiled capon,
vegetables.

Third Course.—Lobster salad, maearoni and cheese.

Dessert. — Almond pudding, pastry, frozen pudding with spun eardy, fruit, nuts, raisins, coffee.

130. Plain Family Dinners.

[For July.]

Sunday. — Green-corn soup, salmon and green peas, roast filet of beef, baked tomatoes, boiled new potatoes, strawberry ice cream, cake.

Monday.—Lamb chops, tomato sauce, potatoes, eucumbers, lobster salad, snow pudding.

Tuesday. — Veal soup, roast lamb, green peas, potatoes, dish of rice, straw-berries and cream.

Wednesday.—Broiled beef steak and mushrooms, chicken croquettes, fruit jelly.

Thursday. — Vermicelli soup, roast veal, potatoes, cucumbers, string beans, floating island.

Friday.—Fish chowder, boiled salmon and egg sauce, peas, potatoes, broiled lamb chops, fruit.

Saturday.—Potted pigeons with dumplings and vegetables, vanilla ice cream with orange jelly.

Send for book containing statements of many cures by Hood's Sarsaparilla, to C. I. HOOD & CO., Lowell, Mass.

Hood's Vegetable Pills

Stand unequalled by any now made, for prompt and efficient, yet gentle action. They are purely vegetable, containing no calomel, mercury, or mineral substance of any kind. They are considered by thousands the best family physic ever produced, and there are many homes in which they are constantly kept. They do not cause pain, or gripe. A cold may be quickly broken up by the prompt use of Hood's Vegetable Pills, and a fever may be warded off by the timely use of this efficient cathartic.

For constipation and costiveness, nothing can be more satisfactory than Hood's Vegetable Pills. They enable the howels to resume prompt and healthy action, and keep them in natural condition. Biliousness, sour stomach, headache, jaundice, and liver complaint, are also cured by Hood's Vegetable Pills, and many persons who have suffered severely with piles have also been completely cured by taking them.

Every careful housewife keeps physic of some kind in the house, and for their many superior qualities, we can honestly recommend Hood's Vegetable Pills for the family medicine closet.

Hood's Vegetable Pills are made by C. I. Hood & Co., Lowell, Mass., and are sold by all druggists. Price 25 cents per box; five boxes one dollar. To persons not convenient to a reliable drug-store, we will send them by mail, on receipt of the price, either in postage stamps or postal note.

A Few Good Words.

"Hood's Vegetable Pills are the best I ever used." Mrs. E. Mason, Hampton, N. H.

"We think we cannot get along without Hood's Vegetable Pills." EVA M. Phifield, Eastman, P. Q.

"We have used Hood's Vegetable Pills, and we think they are splendid." Mrs. S. W. Post, Bennett's Bridge, Ct.

Rev. James P. Stone, of Dalton, N. H., after using Hood's Sarsaparilla, Olive Ointment and Vegetable Pills, writes: "Your preparations are all they profess to be. Mrs. S. says your Pills are the best she has ever known."

TABLE OF CONTENTS.

Bread. Bheberry Cake 5 Breakfast Squash Cakes 5 Bread Fritters 4 Brown Bread 4 Clay-St. Brown Bread . 4 Corn Cake 4 Graham Bread . 5 Graham Gems 4	Faney Dishes. 23 Charlotte Russe. 23 Macaroon. 23 Orange Sherbet. 24 Peach Meringne. 23 Pineapple Sponge. 25 Russian Gream. 24 Spanish Cream. 24 Spanish Cream. 24	Raspberry Vinegar .27 Sweet Tomato Pickle .27 Tomato Ketchup .27 Tomato Sauce .27 Puddings .27 Baked Apple .15 Baltimore .16 Boiled Plum .15 Delmonico .15			
Indian Cakes 5 Parker House Corn Cake 5 Rolls 3 Waffles 5 Whole Wheat Muffins 5 Yeast 3	Tapioca Ice .25 Fish. Cream Oysters 11 Fish Balls Oyster Fricassee 11 Spiced Mackerel	Gingerbread 16 Indian 16 Orange 16 Sweet Flour 16 Tapioca Fruit 15 Whitpot 16			
Candy. Sutter Taffy	Jellies. .25 Clear Apple Jelly. .25 Fruit Jelly .25 Meats. .10 Chicken Croquettes. .9 Lobster Croquettes. .8	Pudding Sauces. Beacon-Street 26 Lemon Sauce 26 Salads. 14 Cooked Dressing 14 Dressing for Sandwich 14 Potato Salad 14			
Aurora 20 Bridgeport 21 Buns 22 Chocolate Cake 19 Cookies 21 Corn Starch Cake 22 Crullers 22 Fruit Cake 19	Meat Patties. 8 Potted Pigeons. 8 Sauce for Game. 8 Tomato Beefsteak. 10 Tomato and Lamb Pic. 10 Veal Loaf, for Lunch. 10 Yorkshire Pudding. 9	Salad Cream Dressing. 14 Soups. Black Bean Soup 6 Bouillon 6 Chicken Soup 7 Clan Soup 7 Corn Soup 7			
Ginger Cookies 21 Ginger Snaps 19 Hot Water Sponge 20 Ice Cream Cake 21 Molasses Gingerbread .22 Nut Cake 19 Orange 20	Omelets. Baked Omelet 13 Corn Omelet 13 Omelet 13 Pastry. Cheese Sticks 18 Chopped Paste 18 Lemon Pic 18	Mock Turtle Soup 7 Ox Tall Soup 6 Tomato Soup 6 Vegetables 12 Corn Oysters 12 Lyonnaise Potatoes 12 Scalloped Potatoes 12 Scalloped Tomatoes 12			
Pound 22 Raised Doughnuts 22 Snowball 20 Snowfake 21 Sponge 21 Sugar Gingerbread 22 Wedding Cake 21 White Mountain 20	Mince Meat	Scalloped Tomatoes 12 Miscellaneous. Best Way to Keep-Beef. 30 Brine for Bacon 30 Dinners for Ten 31 Hood's Cook Books 9 Plain Family Dinners 31			
REMEDIES, CURES, ETC.					
After Scarlet Fever 16 All Run Down 26 Appetite 3 Asthma or Catarrh 20 Best Results 12 Bilions Headache 15 Blood Poison 19 Book of Parlor Games 23 Catarrh 20 Caused by Cigarettes 24 Chills and Fever 28 Cold Feet 17 Dizzy in the Morning 3 Dyspepsia 12, 25 Effectual Relief 16 Engineer's Wife 6 Erysipelas 27 For the Children 57	From 108 to 125	Our Own Folks 26 Pain in the Back 17 Pastor and People 7 Performing a Duty 24 Pimples 6 17 Pleasing Results 14 Purity Your Blood 22 Quick Effect 5 Rheumatism 10, 21 Salt Rheum 13 Scrofula Humor 4, 9, 22 Sick Abed for Weeks 28 So Strengthening 16 Speedy Relief 19 Stomach Disorder 8 Swollen Gums Cured 29 Terribly Burned 30 That Tired Feeling 18 Well Known in Lowell 11			

What the Druggists Say about Hood's Sarsaparilla.

The candid opinion of reliable druggists, regarding any medicine, is certainly of great value, because they are far better able to judge of its merits than any other class of people. As they communicate directly with those who use the medicines, being often times requested to give advice in regard to what should be taken, they can observe the effects, and judge of the curative value of every article of this kind in the market. Thus it is that the words of commendation and praise for Hood's Sarsaparilla, which we are continually receiving from druggists throughout the United States, is extremely gratifying to us. We have space here to present only a very few extracts from these letters, but they are sufficient to show the esteem in which Hood's Sarsaparilla is held by the entire drug trade of the country. It will be observed that some of these druggists have become so convinced of the great value of Hood's Sarsaparilla that they have used it themselves, and thus are able to speak from personal experience regarding the medicine.

"I have used Hood's Sarsaparilla in my family for some time with good results. I freely recommend it to all of my friends and patrons as the best blood purifier on earth." WILLIAM S. GAFF, Druggist, Hamilton, Ohio.

"Last winter, after recovering from a prolonged sickness with diphtheria, and needing something to build me up, I took two bottles of Hood's Sarsaparilla. I felt good results from the first dose. It seemed to go from the top of my head to the ends of my toes. I know it is a good thing, and on the strength of my own experience, I have sold a great deal of Hood's Sarsaparilla. I consider it the best in the market." G. H. STRATTON, of J. W. Colton & Stratton, Druggists, Westfield. Mass.

"I have been selling Hood's Sarsaparilla for some time and it is giving good satisfaction. Seeing the benefit people derived from it, I persuaded my wife to give it a trial. She has been troubled with dizziness and constipation, and her blood has been in bad order,—in fact, she has been all run down. Hood's Sarsaparilla is doing her a wonderful amount of good." F. M. BALDWIN, Druggist, Blanchester, Ohio.

"We are selling large quantities of Hood's Sarsaparilla, and are pushing it in preference to all others. We stop and convince our customers that it is the strongest and best in the market," A. B. LEE, Druggist, 453 Grand River Avenue, Detroit, Mich.

"I think a great deal of Hood's Sarsaparilla, and am selling large quantities of it, considering it one of my reliable standards." L. C. Gilson, M. D., Portland. Me.

"I can say with good faith that I never had a word of fault found with Hood's Sarsaparilla yet. All speak of it in the highest terms." R. E. KNAPP, M. D. and Druggist, Ypsilanti, Mich.

"Hood's Sarsaparilla is as staple an article with me as sugar and tea." R. S. Meacham, General Store, Pittsford, Vt.

"We sell no article of medicine which gives more general satisfaction than does Hood's Sarsaparilla, and we sell more of it than of any other medicine of the kind." W. CLARKE, West Buxton, Me.

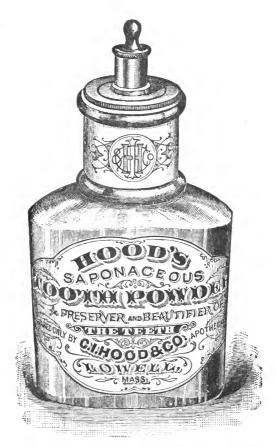
"We sell more of Hood's Sarsaparilla than of any other blood purifier, and cheerfully recommend it for purifying the blood." SEELEY & HART, Williamsport, Pa.

"It is exceptionally my taste and inclination to recommend Hood's Sarsaparilla as compared with many proprietary medicines, as the consumers are satisfied with the curative effects of the same." JOHN B. FELLA, Eagle Drug Store, Toledo, Ohio.

Hood's Sarsaparilla

Sold by druggists, \$1; six for \$5. Made only by C. I. HOOD & Co., Lowell, Mass

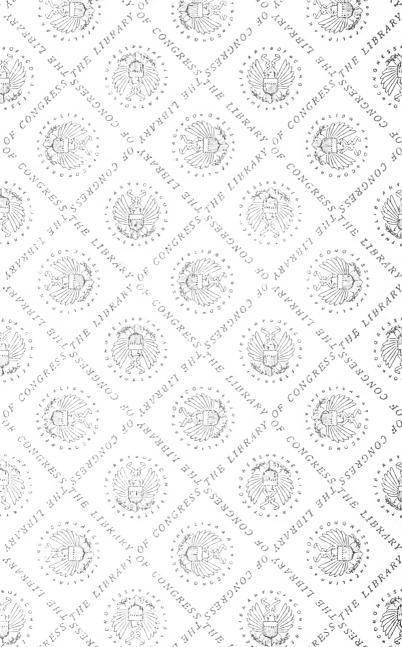
100 Doses One Dollar

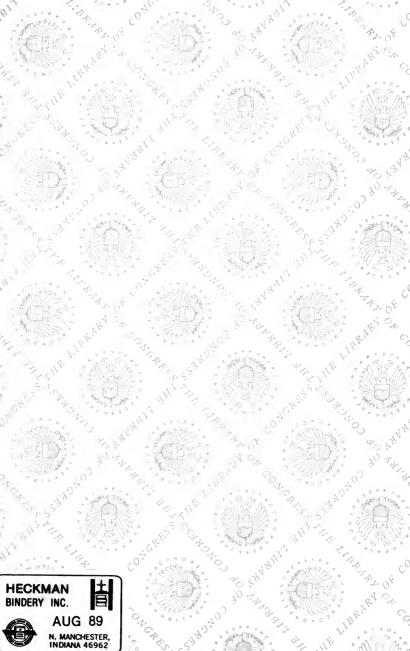


SOLD BY DRUGGISTS-PRICE 25 CENTS.

c 202 891







LIBRARY OF CONGRESS